



## Acknowledgements

We want to share our immense appreciation and gratitude to all the people and organizations who made this project successful! We started this project with huge goals which we knew had the power to transform communities by building a culture where it is the norm for caregivers to have open conversations about sexual health with the youth in their lives. We are so proud of the work we accomplished with the support of our funder, collaborators, and team. Together, we invested \$1.7 Million into our community and supported the building of innovative programming that will continue to support local caregivers and the sexual health of young people. We could not have done this without you!

We want to recognize the incredible funder of SPARK Innovation Oklahoma City (OKC), the Health and Human Services (HHS) Office of Population Affairs (OPA), who made this grant possible through the Teen Pregnancy Prevention (TPP) Innovation and Impact Networks (TPP20 Tier 2) funding opportunity. There is innovative work being done across the country because of your investment and we are so proud to be a part of it with you.

Our all-star team at Honestly: Youth Sexual Health worked tirelessly over three years to ensure we were delivering the strongest programming and support to our community and partners through SPARK Innovation OKC. At the foundation of this project was our amazing team pushing the work forward and we are so fortunate to have these change agents with us.

We also want to thank every organization which participated in SPARK Innovation OKC and worked with our team to envision a community with stronger support and programming for caregivers. Our success was contingent on your passion and commitment to this opportunity, and we are so lucky to have collaborated with the incredible organizations featured in this document. We cannot wait to see the continued impact your teams will make on our community.

Honestly is also supported by an incredible Board of Directors, the Central Oklahoma Teen Pregnancy Prevention Collaboration, and many contractors who made this project possible. Our movement is growing and changing the culture in our community because of your collaboration.

We are so proud to have worked with this incredible and diverse group to support caregivers and young people in our community. We know there are countless lives which have been and will be impacted by this grant. Thank you all for your support in making this happen!

Notes: At the beginning of SPARK Innovation OKC, Honestly was known as Thrive OKC and underwent a rebrand that included a name change in March 2023. We are still in the process of completing our rebrand so you may notice some of the linked documents still have Thrive branding. Throughout this report, Honestly will be used instead of Thrive, even when talking about the organization in past tense.

Coronavirus disease (COVID-19) is an infectious disease caused by the SARS-CoV-2 virus. The World Health Organization (WHO) declared the COVID-19 outbreak a Public Health Emergency of International Concern on Jan. 30, 2020, and a pandemic on March 11, 2020. Honestly was awarded the Tier 2 Innovation & Impact Network funding to begin July 15, 2020. Due to COVID-19, components of the project were changed and adapted.

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# Our Network



### **Impact Statement:**

With SPARK Innovation OKC Honestly aimed to build a culture where it is the norm for caregivers to have open and honest conversations about sexual health with the youth in their lives, and where caregivers can develop strong, healthy relationships with youth, fostering communication for generations to come.

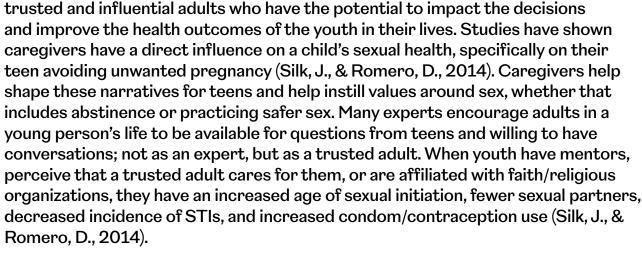
### Background:

In 2015, in response to the fact that Oklahoma had one of the highest rates of teen births in the United States, our community created a bold goal to reduce Oklahoma County's teen birth rate by one-third by 2020. More than 40 organizations, community partners, government agencies and service providers came together in a public-private collaboration and set their sights on reducing the teen birth rate (1000 Feathers, LLC, 2019). In 2016, Thrive, now Honestly, was founded to serve as the backbone for the Central Oklahoma Teen Pregnancy Prevention Collaboration ("the Collaboration"). The goal to reduce Oklahoma County's teen birth rate by one-third was not only met, but it was exceeded a full **year early**!

Honestly had previously been awarded funds from the Office of Population Affairs (OPA) and wanted to build on the progress of the Collaboration by applying for and receiving OPA's Innovation and Impact Network grant in 2020. With this funding, Honestly created SPARK Innovation OKC ("SPARK" or "SPARK Innovation" for short) with the goal of creating a network of trained, connected partner organizations to develop innovative and equitable tools that empower and equip caregivers to have conversations with the young people in their lives about healthy behaviors.

In designing the SPARK Innovation Network project, Honestly was tasked with focusing on one "Key Priority Area" which was determined to have unique needs within teen pregnancy prevention interventions. Based on past needs assessments and work within our community, Honestly set SPARK Innovation's key priority area as "caregivers." We defined caregivers broadly to reflect the diverse trusted adults in a teen's life, including:

- 1. Parents or guardians (biological, adoptive, foster, grandparents, etc.)
- 2. Faith leaders and members
- 3. Staff of youth- and family-serving community-based organizations
- 4. Other trusted adults in the lives of teens.



Using this definition allowed Honestly and the community to reach many

Honestly was given six months in 2020 to plan the next steps for SPARK Innovation. The first SPARK Innovation cohort began in January 2021 with 6 organizations: Freedom City, Our Neighborhood Empowered (ONE), Sisu, Pivot, Cedar Ridge, and YWCA. These organizations participated in the project cycle for one year. In January 2022, 3 organizations from the first cohort, Freedom City, Pivot, and ONE applied for continuation, and 6 new organizations began as Cohort 2. Although Sisu did not continue on with their project, Honestly continued work with Braving "The Talk" (BTT). Cohort 2 consisted of: BNC Global, Down Syndrome Association of Central Oklahoma (DSACO), Freedom Oklahoma, Oklahoma Autism Center within the University of Oklahoma's Department of Developmental-Behavioral Pediatrics (OAC), Progressive Oklahoma Baptist State Convention (POSBC), and Latino Community Development Agency (LCDA). In the third and final year of the project, 2 organizations in Cohort 1 remained (Freedom City and ONE), all 6 of the organizations in Cohort 2 remained, and an additional 6 organizations for replicating Cohort 1 projects were added. The 6 organizations added to replicate projects in year 3 were: Jayden Oliver Basketball (replicating ONE's project), Hope 4 Generations (replicating ONE's project), Modern Manhood (replicating Freedom City's project), It's My Community (replicating Freedom City's project), Pivot (replicating Braving "The Talk"), and YWCA (replicating Braving "The Talk"). More information about replication can be found in the "Networks Innovative Processes and Supports" section on page 15.

### SPARK Innovation Impact



Organizations Innovations
Funded Created

nnovations Youths
Created Reached

iths Cares

Caregivers Reached



Community
Members Reached

honestly

18

12

1,428

2,618

7,273

**System Level** 

### **SPARK Innovation OKC**

**Innovation Coaches Innovation Assistance** 

**The Network Core** Content Knowledge & Support

**Content Expert Advisory Committee Individuals With Lived Experience** 

Training and Capacity Building: Human-Centered Design, Systems Thinking, Innovative Approaches to Adolescent Health, Equity, Trauma-Informed Caregiving, Sexual Health, Adolescent Brain Development, Positive Youth Development, Caregiver/child Communication

**Technical Assistance** & Support

**Application Review Committee** Professionals, Caregivers, and Youth **Technical Assistance** & Support

Selection of Awarded Cohort Organizations ••••

#### **INNOVATION COHORT 1-2021**

ONE - Onederfully Made: Faith & Community

Freedom City - SHIFT: Caregiver Support Group

Pivot - PIVOTal Conversations: Youth Shelter

YWCA - Cultivating Connections: Caregiver Work-

Cedar Ridge - SEGWAY: Family Trivia Game

SISU: Braving the Talk: Youth in Crisis Staff Training

Innovations formed through **Human-Centered Design** 

#### **INNOVATION COHORT 2-2022**

**DSACO - Boundaries & the Basics:** Caregiver of Youth With Down Syndrome

BNC Global - Catch the SPARK: Caregivers in Foster

LCDA - Hablemos Claro: Spanish-speaking Online

**OAC-ATLAS:** Caregivers of Youth on the Autism

Freedom OK - Liberate: Caregiver Self Assessment and Supports

POBSC: - These Kids. These Days. Worbook for Faith Based Youth Workers

> Innovations formed through **Human-Centered Design**

### **Caregivers**

Parents, Guardians, Faith Leaders, Staff of Youth and Family Serving Community Organizations and other trusted adults in the lives of youth

**Replication Programs** 

**Onederfully Made:** Faith & Community Based

**Caregiver Support Group** 

**Braving the Talk** Youth in Crisis Staff Training Youth!

Organizations who replicated:

- Modern Manhood
- It's My Community
- **Hope 4 Generations**
- Jayden Oliver Basketball
- **Pivot**
- YWCA

### Partners:

While Honestly was the lead grantee of the TPP Innovation and Impact Networks (TPP20 Tier 2) funding opportunity, the SPARK Innovation Network comprised many partners. The SPARK Innovation OKC Network (" the Network") consisted of:



- The **Network Core** consisted of diverse organizations with valuable expertise for Cohort organizations. They provided technical assistance and feedback on Cohort organizations' innovation pitches, budgets, and work plans.
- Honestly staff provided technical assistance, training, evaluation, and capacity building to Cohort organizations. Honestly provided training opportunities for the Network Core as well.
- Innovation Coaches led the human-centered design trainings and provided bi-monthly coaching opportunities with Cohort organizations to discuss challenges or review key human-centered design training concepts.
- The Context Expert Advisory Committee was a group of caregivers who provided feedback and connection to resources for the Cohort organizations, provided Honestly caregiver perspective on aspects of the project, and received trainings from Honestly staff on topics they were interested in.

"The Cohorts," which refers to Cohort 1 (onboarded January 2021) and Cohort 2 (onboarded January 2022). The Cohorts were made up of diverse community-based organizations who were responsible for the curation of innovative projects to serve caregivers.

- Dr. LaNita Wright Dr. Wright is an Assistant Professor of Public Health in the Department of Health Promotion and Physical Education at Kennesaw State University and served as a content expert assisting with material reviews, and as an innovation coach for Cohort 2 organizations. Dr. Wright developed Braving "The Talk" along with Sisu in year 1 and was brought on in year two to continue refining the BTT curriculum.
- Sharp Insight, LLC Sharp Insight is a woman-owned business, committed to serving progressive organizations that are changing the landscape for the communities they support by measuring the quality and impact of their programs. Sharp Insight provided support with Caregiver Intervention Evaluation by primarily supporting the evaluation team in analyzing and reporting on Cohort implementation data. They also assisted with miscellaneous data needs including Network survey data analysis, drafting reports, and conducting listening sessions.



- Texas A&M University Department of Health and Kinesiology (TAMU) –
  TAMU provided Network-level evaluation support for SPARK Innovation
  OKC by facilitating cohort interviews, conducting the interorganizational
  network survey, and providing written reports and presentations on their
  findings.
- Insight Creative Group (ICG) an advertising and marketing agency based in the heart of Oklahoma City who created Honestly's "Fix the Facts" mass media campaign in the summer of 2022 geared towards caregivers and normalizing conversations about sexual health between them and their youth. The campaign consisted of paid ads on YouTube, Facebook, and Instagram and included billboards across the Oklahoma City metro. The campaign ran beginning to end of June 2022 and garnered nearly 5 million impressions, 2,144 clicks, and a 19% increase in traffic to the website. ICG also worked with Honestly on the rebrand and name change in fall 2022.
- The Collaboration Since 2012, the Central Oklahoma Teen Pregnancy Prevention Collaboration has been hard at work to reduce the teen birth rate in Oklahoma County. Today, the Collaboration includes over 40 organizations and 100 individuals in public-private partnership. Together, we are community champions and change agents for adolescent sexual health. The Collaboration received updates about SPARK, were asked to be content experts in trainings, and helped recruit Cohort organizations and experts who provided technical assistance on the project.

### Network Recruitment Strategies

Honestly used a variety of methods to recruit individuals to join SPARK Innovation OKC. One of these efforts was to re-design the website to create a more user-friendly site with a landing page specifically for SPARK Innovation OKC where visitors can learn ways to get involved with the project.

We also used social media, direct mail, advertising, and email marketing to share about the project, conduct recruitment, advertise for SPARK Tank (where Innovations were showcased), and increase youth involvement. Our partners in the Collaboration joined our outreach and recruitment strategies by integrating recruitment materials into their own dissemination campaigns which reached additional communities outside of Honestly's core constituencies and supported stronger recruitment outcomes for the project alongside traditional partner engagement with our social media and marketing efforts. Honestly worked to connect with local youth and caregiver influencers who would invite people in their network to engage with various opportunities with SPARK Innovation OKC. Our team also increased community engagement for the project by elevating its

profile at community events like Pride, Juneteenth, health fairs, and more. Honestly created and implemented a Request for Proposals process to obtain applications for organizations interested in developing innovations for their community. More information about the Request for Proposals (RFP) process can be found in the "Other Innovative Approaches" section of this report on page 31.



### Community Engagement:

Throughout the course of the project, Honestly staff sought out and were invited to a number of community events where we shared about the work being done with SPARK Innovation OKC, connected caregivers with resources, and invited people to SPARK Tank!. Below are some of the events we participated in.

### **Pride Fest:**

Hosted by the Oklahoma City Pride Alliance, Pride Fest takes place at the end of June and Honestly has been honored to be a sponsor since 2021. At Pride Fest, Honestly shares opportunities for caregivers and youth to be involved with the Collaboration, answers questions about sexual health, and provides resources to equip caregivers to have honest conversations with the youth in their lives about their sexual health needs.



The goal of this event was to raise awareness and provide resources, as well as promote acceptance and inclusion for over 1000 individuals with Down syndrome living in Central Oklahoma. Honestly shared details about the toolkit that DSACO was developing through SPARK Innovation OKC, recruited caregivers for participation in the project, and encouraged utilization of the toolkit.

## Kylee's Kitchen with Down Syndrome Association of Central Oklahoma:

This microwave-based cooking class is meant to teach and encourage independent living skills while having fun and making friends. Honestly staff volunteered at this event and were paired with a self-advocate (i.e., an individual with down syndrome) and provided any support during the cooking process. By volunteering, Honestly staff





had an opportunity to engage with DSACO self-advocates, learn more about DSACO facilities, connect with their board members, build rapport with DSACO staff working on SPARK, and see their toolkit in action. We witnessed one of the self-advocates asking for a hug before giving one, a consent skill that was featured in DSACO's innovation.

### 2023 disABILITY Resource Fair:

This was the first annual disABILITY Resource Fair where local agencies gathered to share resources for people living with disabilities and their caregivers. Honestly shared sexual health information and specifically shared about the SPARK Innovation projects (Boundaries and the Basics for people with down syndrome and ATLAS for people with autism. We facilitated a sign-up sheet to engage individuals interested in receiving further details about both of these projects.



### Juneteenth:

Juneteenth is a celebration of the emancipation of enslaved African Amercian people in United States. OKC's Juneteenth on the East is a celebration for all people to come together and peacefully rejoice in freedom, exchange in culture, and uplift the community. Honestly was able to table at this event in 2023 and share resources and information for caregivers around sexual health.

### **Adolescent Health Summit:**

Hosted by the State Department of Health's Maternal and Child Health, this summit provided an opportunity for caregivers and youth-serving professionals to learn best practices when it comes to the needs of youth around topics like mental health, sexual and reproductive health, and substance use. Honestly staff helped plan the summit in 2023 and provided travel stipends for those traveling from rural areas who indicated they had a need for support to attend.





### Spark Intervention Inventory Database

Within the Honestly team, the **SPARK Intervention Inventory Database** (**SIID**) both documented Honestly's grant activities for future dissemination and served as an important piece of Honestly's internal CQI processes and grant reporting. The SIID was a comprehensive storage system of pertinent files and narrative summaries of the Network's progress on the SPARK Innovation OKC project. In the SIID, Honestly tracked specific key activities of the Cohort organizations, such as key project updates and pivots, and stored these efforts in "summary files.". These files were critical in producing progress monitoring summaries and reports, including this report. More information about the SIID process can be found in the "Other Innovative Approaches" section of this report on page 43.

### Replication

In Year 3, the final year of SPARK Innovation OKC, ONE's project ONEderfully Made, Freedom City's project S.H.I.F.T., and Honestly's project (originally developed by Sisu) Braving "The Talk" were taken to other organizations to implement within their communities in a process we called "replication." Through this process, we were able to test and evaluate how the content was received by a new demographic and obtain supplementary data to gauge the efficacy of the innovations. Replicating organizations passionately shared the information with their community, which affirmed caregivers' need for adolescent sexual health information. Below are the innovations that were replicated and the organizations who replicated them. More information on the specific innovations can be found in the "Our Innovations" section on page 43.

### **ONEderfully Made by ONE:**

- Hope for Generations is a non-profit ministry that works in Northwest
   Oklahoma City. Their purpose is to share the love of Jesus Christ with
   others by building relationships and helping to meet the needs of the people
   in their community. Their vision is to restore hope to under-resourced
   families in NW OKC through community engagement. http://www.
   hope4generations.com/
- Jayden Oliver Basketball exists not only to train, develop, and enhance the skills of any age, but also to impact players to be the best they can be mentally and physically. https://www.jaydenoliverbasketball.com/





### S.H.I.F.T. by Freedom City

- It's My Community Initiative (IMCI) is a 501(c)(3) non-profit organization in Oklahoma City with a mission of developing and expanding efforts to strengthen communities by building strong, healthy families. https://www. itsmycommunity.org/
- Modern Manhood is a community support group supported by the Modern Manhood Foundation, a nonprofit 501(c)3 organization and describes itself as, "A Masterclass is what happens when two visions come together with a single mission in mind: ...to empower men with skills & tools to grow and create better communities." https://manhoodmasterclass.com/

### Braving "The Talk" (originally created by Sisu & Dr. LaNita Wright, adapted by Honestly)

- Pivot provides programs and services that focus on youth services for youth who are often homeless, disconnected, or otherwise at-risk.
   Describing their organization: "We are a force for good, turning young lives around and setting their course for an empowered future. We strive to meet the needs of young people and families, educate ourselves and others and truly be part of the answer." https://www.pivotok.org/
- YWCA provides care and hope to victims of domestic violence, sexual assault and stalking in central Oklahoma. https://www.ywcaokc.org/

### SPARK Tank!: Where Innovation Meets Community Action

SPARK Tank! was a key activity for sustainability and dissemination all three years of SPARK Innovation OKC. The showcase provided an opportunity for organizations to connect with local philanthropic funders and pitch their innovative project ideas to our entire community. Though no formal asks for funding were made at the showcase, the Cohort organizations were able to

begin building relationships with local funders as well as share their innovative projects with the community. Each SPARK Tank!

opened with a welcome address by Honeslty's CEO, Laura Lang, who spoke about the importance of innovation in our community. The event encompassed video overviews of each innovation, succeeded by a panel discussion involving representatives from each organization. This enriched the audience's comprehension of how human-centered design and caregiver involvement contributed to the innovations' development, along with insights into their future aspirations for these innovations. The 2023 videos of each innovation can be found in the "Our Innovations" section on page 43.



Year 2 – Melissa Pintor Carnagey joining virtually for the keynote address



Year 1- Laura Lang, Honestly CEO opening address

Each year, to wrap up SPARK Tank!, Honestly invited a nationally recognized keynote speaker with innovation and adolescent sexual health experience: in year 1 Dr. Melissa Holmes, Co-Founder of Girlology; in year 2 Melissa Pintor Carnagey, Founder and Lead



Educator of Sex Positive Families; and in year 3 Dr. Tanya Bass an award-winning sexuality educator and advocate and Foundress of the North Carolina Sexual

Health Conference. All keynote speakers reiterated the important role that caregivers play in the lives of youth and in sexual health conversations. The above QR code leads to a YouTube channel with Honestly's SPARK Innovation overview video, Cohort project overviews, and event recording from the 2023 SPARK Tank.



Year 3 - SPARK Innovation key staff with innovation organizations.





Our Learnings



### Our Learnings

Honestly strived to expand its culture of learning into the SPARK Innovation OKC Network. On the SPARK Innovation grant, cultivating a learning culture meant embodying the principals of human-centered design, such as learning from the past, building creative confidence, and practicing empathy (IDEO. org, 2015). As the grant progressed, Honestly found that maintaining a culture of learning was not only essential to successfully implementing human-centered design, but it was also a core component in establishing a Network structure that supported trust, collaboration, and innovation.

Caregiver Learning Agenda				
Learning Questions	Associated Learning Activities and Products			
Question 1: What is the best combination of activities that will result the successful recruitment of caregivers?	Listening sessions, Caregiver Satisfaction Survey, Cohort Evaluation Reports, Context Expert Advisory Committee (CEAC), SPARK Intervention Inventory Database (SIID), check-in meetings, Innovation Fridays, Networking Wednesdays, Dissemination Plan, conference presentations, SPARK Tank!			
Question 2: What are the best indicators to track changes in the short-term and intermediate?	Cohort Evaluation Plan, Cohort Evaluation Reports, SPARK Intervention Inventory Database (SIID), check-in meetings, Innovation Fridays, Networking Wednesdays, Dissemination Plan, conference presentations, SPARK Tank!			
Question 3: What delivery modalities are the most effective at improving equitable access for adolescent sexual health with caregivers?	Listening sessions, Central Oklahoma Caregivers' Community Assessment, Cohort Evaluation Plan, Caregiver Satisfaction Survey, Cohort Evaluation Reports, Context Expert Advisory Committee (CEAC) SPARK Intervention Inventory Database (SIID), check-in meetings, Innovation Fridays, Networking Wednesdays, Dissemination Plan, conference			

Network Learning Agenda				
earning Questions	Associated Learning Activities and Products			
Question 1: How can the Network aid in nelping Innovation Cohorts with a diverse ange of capacity and funding levels sustain promising interventions after the federal grant funding period is over?	Performance measures, data one-pagers, Interorganizational Network Survey (ION), SPARK Intervention Inventory Database (SIID), check-in meetings, monthly reports, Training and Meeting Feedback Survey, Cohort interviews, Dissemination Plan, conference presentations, SPARK Tank!			
Question 2: What activities will be most effective and sustainable in building capacity for organizations in Oklahoma County to expand caregivers' skills to improve adolescent sexual health?	Performance measures, data one-pagers, Interorganizational Network Survey (ION), SPARK Intervention Inventory Database (SIID), check-in meetings, monthly reports, Training and Meeting Feedback Survey, Cohort interviews, Dissemination Plan, conference presentations, SPARK Tank!			

presentations, SPARK Tank!

### **Learning Agenda**

A learning agenda was developed at the beginning of the grant as a guiding document for what the SPARK Innovation Network intended to learn on the project and how to disseminate these findings. "Learning activities" included grant activities in which the network gathered data and used this data to guide the Network or the Cohorts' innovations. "Learning products" included the materials developed as a result of learning activities. Learning activities and products took the form of meetings, surveys, events, resource documents, community assessments, and more. Below is an overview of the SPARK Innovation OKC learning agenda. The next section of this report provides details on each of the learning activities and products (learning activities and products are in bold).

### **Key Learnings**

### **Methods and Measures**

# Performance Measures: Stakeholder Engagement The Network monitored the number of stakeholders engaged with SPARK Innovation OKC, including community events, listening sessions, and informal presentations. These numbers do not reflect innovation testing participation.

Youth	Caregivers	Community
		Members
1,428	2,618	7,273

The SPARK Innovation Network identified and explored various measures for evaluating our impact within the caregiver community in Oklahoma County. Network-level evaluation activities, such as the collection of **performance measures**, surveilled grant progress.

Performance measures included dissemination, training, and stakeholder engagement metrics, which were collected by Honestly, the Network Core, and the Cohorts.

Honestly's **Central Oklahoma Caregivers' Community Assessment** was the single largest data gathering project on the SPARK Innovation OKC grant. Conducted during the second year of the grant, the assessment gathered quantitative and qualitative information from Oklahoma residents regarding caregivers' barriers when talking to young people about sexual health, resources they needed to have these discussions, the age-appropriateness of different sexual health topics, and other supporting information. There was a total of 1,759 responses from Oklahoma residents that were analyzed for this report. A key finding was that caregivers felt most sexual health topics should start to be discussed at older ages than what is recommended by public health best practices. This was essential information, not only for guiding the Cohort organizations' innovation, but also for Honestly's overall work in adolescent sexual health. A full copy of the assessment was disseminated to partners via email, presentations, and Honestly's website.

To further integrate context expertise (lived experiences), Honestly formed the **Context Expert Advisory Committee** (**CEAC**), consisting of representatives from Oklahoma County's diverse demographics. CEAC members were incentivized to participate and contributed by offering feedback on the Request for Proposals (RFP) process, intervention selection, and overall grant activities. The feedback received from the Context Expert Advisory Committee played a crucial role in informing and shaping the Cohorts' innovations by providing feedback, including recommending resources that were not included, identifying areas that needed more clarity, and suggesting additional content that Cohorts had not included. This feedback was gathered through monthly CEAC meetings, where Cohorts had an opportunity to present on their innovations. Additionally, Honestly regularly gathered feedback from CEAC members on their experiences to ensure that Honestly was effectively recruiting, facilitating, and engaging





the committee. While Honestly successfully recruited over a dozen passionate caregivers to engage in the CEAC initially, maintaining meeting attendance was challenged by the demanding schedules of caregivers. This remained true despite providing incentives for caregivers to attend meetings and meetings receiving positive feedback on the CEAC meeting feedback surveys. In future iterations of context expert committees, Honestly hopes to engage with "context experts" (people with lived experience) in a more formalized structure, with higher rates of compensation for pre-determined deliverables. This aligns with Honestly's belief that context experts should be compensated similarly to subject matter experts, as their perspectives as people with lived experience are unique and invaluable.

To strategically evaluate Cohort innovations, each Cohort organization developed a Cohort Evaluation Plan with technical assistance from Honestly's

To strategically evaluate Cohort innovations, each Cohort organization developed a Cohort Evaluation Plan with technical assistance from Honestly's Data and Strategic Learning team. Tailored to the unique demands of each project and its caregivers, these plans delineated the implementation strategies and data collection methodologies for the innovations. This encompassed various aspects such as:

- **Short-term and intermediate outcomes:** This involved gauging changes in knowledge, comfort, confidence, and capability to discuss sexual health topics with youth both before and after their participation in the innovations.
- Caregiver involvement: Cohorts evaluated caregivers' engagement, including whether they conversed with youth about sexual health topics post-innovation participation, and their intentions or actions regarding applying the acquired knowledge and skills.
- **Direct participant feedback:** The process also encompassed gathering direct feedback from participants, providing insights into their experiences with the innovation. This data was instrumental in supporting continuous quality improvement (CQI).

While the Cohort Evaluation Plans proved valuable for reviewing the scope and methodologies of the evaluations conducted by Cohort organizations, these organizations encountered challenges when attempting to autonomously uphold and manage the plans. In future iterations of this innovation framework, it would be beneficial to provide a training on evaluation methodologies in tandem with human-centered design trainings to build skills in incorporating best practices in innovation prototyping and testing. Additionally, integrating the evaluation plan into monthly Cohort meetings could prove advantageous. This integration would help clearly identify the iterative and overlapping nature of innovation evaluation.

Sharp Insight analyzed data from Cohort organizations' implementations and drafted findings into Cohort Evaluation Reports. These reports contained

organized information and analysis, as well as basic recommendations from the Honestly team. The information was reviewed with Cohorts to truth test Honestly's assumptions about the data and to brainstorm pivots that could improve the innovation based on participant feedback.



Overall, caregivers consistently reported higher levels of knowledge, comfort, and confidence subsequent to their participation in these innovations. Noteworthy observations from the caregiver feedback included the responses provided by BNC participants' on a five-point Likert-Scale, where an average increase of 0.97 points was noted from pre-survey (X = 3.08, SD = 0.35) to post-survey (X = 4.05, SD = 0.19). Similarly, the Oklahoma Autism Center's (OAC)'s pre- (X = 3.59, SD = 0.34) and post-survey (X = 4.48, SD = 0.04) showed a similar trend, with an average increase of 1.14 on a five-point Likert scale ratings.

Furthermore, OAC's participants were asked to rate, on a scale of one to ten (with one representing 'not at all likely' and ten indicating 'definitely would') their likelihood of discussing sexual health with youth. Notably, these participants demonstrated an improved score of 1.58, reflecting a shift in their likeliness to engage with autistic youth on this subject (pre-survey mean rating x=5.66, post-survey mean rating x=7.25).

It's important to acknowledge that not all Cohort organizations experienced such pronounced improvements from pre-survey to post-survey evaluations. For instance, while participants in the Progressive Oklahoma Baptist State Convention (POBSC) innovation showed a modest increase of 0.03 in their Likert-scale scores, their participants did frequently outline plans for applying the skills and insights acquired from the innovation. One participant expressed gaining "knowledge on how to continue to build lasting relationships outside of the one activity" while another emphasized the significance of providing youth the space to express their perspectives ("Youth have the opportunity to share their views as they see things in their perspective."). This example highlights the importance of gathering qualitative data to supplement and provide context for quantitative data.

For more in-depth insights into individual evaluations, refer to the "Our Innovations" section of this report.





**Listening sessions** were conducted for each innovation after one round of implementation. These sessions aimed to elicit comprehensive feedback from project participants, fostering a platform for refining the project, identifying successful components, soliciting recommendations for additional content or activities, and gauging the overall impact of the project within the community. Below are notable quotes from caregivers provided during Cohort listening sessions:

- "The group talk component was really good, because all of the people that were in here have...a great wealth of knowledge."
- "Like my 10-year-old kind of talks about how her friend is bisexual or she thinks she might be transgender. And she's like, these are things that didn't even exist to me. So, I think that a lot of what we learned about wouldn't be new for kids."
- "If I don't know what to ask kids... [the project] made it easy for me to say,
   'What is the most played song on social media?' and then just open the
   door and they could just start talking to me about that. So [the project]
   gave me kind of directions and a voice to ask. These are things I wouldn't
   ask because I don't even know what to ask."

Honestly administered a Caregiver Satisfaction Survey to gain additional feedback on the innovations. In the context of Cohort 1, the findings underscored a prevailing positive sentiment towards the projects. Notably, within the three months subsequent to their participation in an innovation session, 68% of participants indicated applying the knowledge or skills acquired during the session. Participants consistently noted the utility of the communication skills and 2SLGBTQ+ information presented within the projects. Responses by Cohort 2 showed similar results further underscoring the efficacy of these elements. The assessment of participant feelings regarding their knowledge, comfort, and skills for engaging in discussions with youth about sexual health were measured using Likert-scale questions. Across these questions, the majority of participants indicated strong agreement with affirmative statements (≥51%), with "agree" consistently being the second most selected option. Furthermore, it's noteworthy that 62% of participants acknowledged applying the skills or knowledge gained from the Cohort project in their interactions since participating in the innovation. Below are notable quotes provided by caregivers in these assessments:

"A youth in the shelter brought up their current relationship status and I
was able to have an open dialogue about sexual responsibility and safe sex.
I was able to discuss how people's trauma can change the way people view
sex and relationships. Your sexual health may not be on the priority list for
someone else and to make sexual health decisions wisely."

- "I've been able to bring up the website [cohort innovation] as an example of Oklahoma resources for sexual health." "I was able to speak to my daughter about sex without feeling weird or uncomfortable."
- "I learned to be conscious of what I say even when I may not think my
  dependents are listening because words carry power. The world our
  children live in is different from ours and our generation held different
  ways of thinking. We may be unconscious of how our judgments can impact
  our children."



### **Pivots**

In a project that prioritizes innovation and quickly adapting to user needs, research "findings" take on a distinct character. Cohort organizations used insights from CEAC meetings, listening sessions, Cohort Evaluation Reports, and the Caregiver Satisfaction Survey to inform the evolution of their innovations and perpetually adapt their projects. This approach served two pivotal purposes: 1) it guided Cohort organizations' innovation development, allowing them to effectuate adjustments (commonly known as "pivots") to their innovations to better address the needs of the community; and 2) it facilitated the identification of gaps and areas ripe for transformative change, thereby promoting the advancement of adolescent sexual health. Pivots were collected through meeting minutes and program monitoring reports and stored in a summary file in the SPARK Intervention Inventory Database (SIID). Pivots fell into one of five categories: materials, format, logistics, recruitment, and evaluation.

• Materials: Cohort organizations continuously changed the content of their innovations based on feedback from caregivers. Changes in materials occurred for various reasons including rewording for clarity, rewriting materials with less academic jargon, adding more content on requested topics, and rewriting content as changes occur (mostly pertaining to changes in state laws). Additionally, a few cohorts made changes to activities in their innovation. These changes were made because the original activity was not conveying information in a way that was meaningful to the participants, or the activity did not work in different formats (i.e., in-person or online). All materials were supported by a formal materials review process to ensure the innovations included best practices in the field of adolescent sexual health. The review committee was comprised of Honestly staff and core partner organizations. Through this process, the materials were reviewed for medical accuracy, cultural awareness, user-centered practices, trauma-informed language, inclusive language, and sexual health best practices. All material reviews were also guided by Honestly's guiding principles. (https://honestlyokc.org/abouthonestly/).





- **Format:** Pivots to the mode of implementation were common towards the beginning of the innovation process. For example, Cohort organizations moved sessions from being in-person or hybrid to fully virtual to accommodate caregivers' busy schedules or needs due to COVID-19. Generally, evening events, shorter sessions, online modalities, and recording presentations for asynchronous viewing performed well. Other format changes included the use of small breakout sessions, adjusting the set layout of the room to encourage discussion, providing handouts of presentation slides, and using a website to host materials. These changes were made with feedback from the community and were only kept if the Cohort organization received positive feedback about the change in format. We also saw pivots in regard to the development of the innovations. Cohorts initially thought they would develop their own content. Several decided to pivot to work with or contract with experts in sexual health to develop or review their materials. In addition to this, we also saw cohorts bring in sexual health educators or other experts to deliver the materials to their communities.
- Logistics: Some pivots were required due to environmental challenges, including limitations during the COVID-19 pandemic or changes in staffing within the Cohort organizations. Cohort Organizations also experimented with various software (e.g., Zoom, Mentimeter, LinkTree), social media platforms, and translation services to develop and implement their projects.
- Caregiver recruitment: Because the Cohort organizations were recruited from existing local community organizations, they were well suited to find creative solutions to recruit caregivers. Providing incentives and accommodation, such as gift cards, childcare, and meals, proved to be essential. Cohort organizations had to be flexible and adaptable to find a time that worked for their caregivers. Other strategies for successful recruitment included creating clear expectations, sending personal invitations with detailed follow-ups and reminders, creating a casual environment for discussion, utilizing "snowball recruitment" (i.e., existing participants inviting their peers to participate), and having community champions (i.e., key and active members of the community) promote the project.
- **Evaluation:** Honestly's evaluation team worked closely to edit data collection tools. These pivots included changing from paper surveys to virtually hosted surveys on SurveyMonkey, editing survey questions, or replacing data collection tools based on the caregivers' needs.

Key changes to individual innovations can be seen in the "Our Innovations" section of this report on page 43.



### **Key Takeaways**

The SPARK Innovation Network's learnings hold significant potential to benefit not only our own mission but also the wider field of adolescent sexual health and other health education domains seeking to engage with caregivers of youth. Overall, the SPARK Innovation Network found that it was essential to recognize that caregivers (not just youth) suffer from a lack of education and skills in sexual health topics. For caregivers, this lack of education hinders their ability to create safe spaces for discussing sexual health with young people. As a result, there is a critical need to provide caregivers with foundational levels of sexual health education and opportunities for unlearning myths about sexuality, enabling them to effectively guide and support young people.

Specifically, caregivers desired casual conversations supported by data and statistics. This was found to be effective in building trust and piquing caregivers' curiosity about new concepts in sexual health information. To encourage caregiver involvement, it is crucial to present materials that address their specific experiences and needs. Consequently, accommodating their busy schedules is essential. Honestly also learned that caregivers in Oklahoma County believed sexual health topics should be discussed at older ages than what public health best practices recommend. The Central Oklahoma Caregivers' Community Assessment could be replicated in other communities and over time to identify trends in caregivers' beliefs around age-appropriate sexual health topics.

In addition, it was exciting to see the diversity of types of organizations that are enthusiastic about taking a more significant role in promoting sexual health. According to the Pew Research Center, 66% of Oklahoma adults are "highly religious". Several of the organizations on this project are associated with a religious organization (Lipka & Wormald, 2016). Honestly cannot change norms around sexual and reproductive health without engaging faith communities and working with them to provide safe and supportive oxwpportunities for caregivers and young people to discuss sexual health. It became apparent that the religious organizations we collaborated with on this project also share this belief. A key strategy in supporting diverse organizations and caregivers, reinforced by feedback collected, involved creating innovations that prioritized informativeness over adherence to specific values.

### **Network Approach to Learnings**

The SPARK Innovation OKC Network functioned to support the development of innovations. Two cohorts made up of six community-based organizations responded to requests for proposals (RFPs). Once an RFP committee made their final selections, organizations who were invited onto the project were onboarded by Honestly staff, the Network Core, and Innovation Coaches.





Following their onboarding, Cohorts participated in various trainings and attended meetings with the Network for technical assistance and support for their specific innovation. Honestly served as the main point of contact for everyone on the project and connected innovation organizations with other partners as needed. These supports ensured the Cohort organizations could successfully design, implement, test, and refine their projects through the human-centered design process.

		SPARK	Innovation O	KC Network Time	eline		
Reporting Period	Fall 2020	Spring 2021	Fall 2021	Spring 2022	Fall 2022	Spring 2023	
Cohort 1	REP Applications	Human- Centered Design Trainings	Rapid Prototyping + Listening Sessions	Implementation	Implementatio n	Replication	
Cohort 2			RFP Applications	Human- Centered Design Trainings	Rapid Prototyping + Listening Sessions	Implementation	
Network Care							
Support		CEAC					
		Innovation Coaches					

For more information about the SPARK Innovation OKC Network structure, see page 10.

### **Innovation Strategy**

Throughout the course of the SPARK Innovation OKC grant, the Network itself embodied the philosophy of innovation, which required adaptability in the Network's innovation strategies and structure. Human-centered design proved to be an effective strategy for diverse community organizations to produce unique and promising innovations. Overall, this approach helped the Cohorts and Honestly better understand the diverse needs of the community and develop solutions accordingly.

### **Human-Centered Design**

Emphasis on user feedback played a crucial role in the success of the innovation strategy. Human-centered design is defined by IDEO as an approach to innovation and problem-solving that seeks to match human needs with what is technologically feasible and economically viable. The main components of human-centered design drive the design thinking process (Design Thinking, 2023):

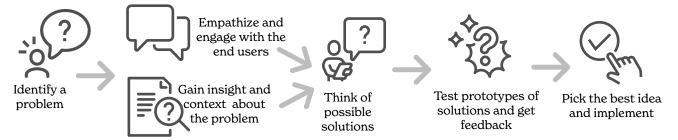
- Desirability: What makes sense to people and for people?
- Feasibility: What is technically possible within the foreseeable future?
- Viability: What is likely to become part of a sustainable business model?



By actively seeking input from caregivers and incorporating their suggestions and insights, the organizations were able to make informed decisions and create meaningful solutions that catered to the caregivers' specific needs. An iterative feedback loop allowed for continuous improvement and adjustment based on real-world insights. Cohort organizations demonstrated flexibility and adaptability by pivoting their projects based on the feedback received from caregivers. This flexibility allowed them to stay responsive to changing circumstances, such as shifting to online platforms during the COVID-19 pandemic, and fostered a sense of ownership and empowerment among the caregivers.

Despite the Cohort organizations' initial assumptions about caregivers' needs and challenges, they discovered through the human-centered design process that their assumptions were not always accurate. This indicated that there were preconceived notions that needed to be challenged and unlearned. The organizations realized that caregivers required more support and guidance than anticipated, leading to a shift in project direction. This highlights the importance of avoiding assumptions and being open to unexpected insights during the innovation process.

### **Human-Centered Design Problem-Solving Method**



### **Network Structure**

The feedback from the Cohorts also highlighted several logistical and program development needs for the Network. Honestly continuously adapted the Network's resources and tools to address these needs. This suggests that the initial planning and preparation might have overlooked certain crucial aspects, resulting in the need for mid-course corrections. This finding underscored the importance of thorough planning and anticipating potential requirements in advance.

The Network also made pivots in the innovation strategy for Cohort 2 based on findings from Cohort 1. Honestly hosted monthly **check-in meetings** with each Cohort organization to share updates and provide technical assistance. Honestly, the Network Core, and the Cohorts submitted **monthly reports** as a key activity in process and program monitoring. These process monitoring practices provided data for continuous quality improvement within the Network.

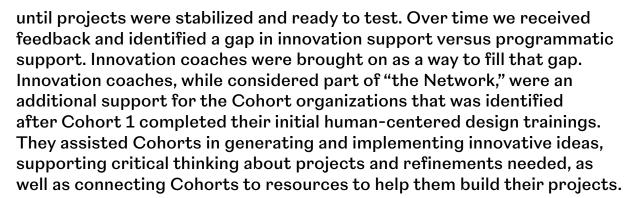


For example, logistical needs were addressed through additions such as a one-pager describing the structure of the Network and a description of each component, a "cheat" sheet of information from trainings, and a timeline of activities over the next year. The check-in meeting agendas and monthly reports themselves were updated each year to streamline these processes and clarify the data gathered.

Cohort interviews were conducted with each Cohort organization when they were onboarded and at the end of their first year. These interviews were conducted, analyzed, and reported by the Texas A&M University (TAMU) Department of Health and Kinesiology to gather feedback on the facilitation of the Network by Honestly. Feedback on program development needs led to the addition of a list of evidence-based programs related to caregivers in adolescent health, technology resources related to program development, and dedicated time to develop a definition sheet for consistent messaging. Other suggestions ranged from minor adjustments, such as providing RFP application confirmations, to more substantial changes, such as encouraging cross-collaboration among Network partners. This feedback provided valuable insights but also highlighted aspects that could have been better addressed or communicated earlier in the process.

A Training and Meeting Feedback Survey was regularly disseminated to Cohort organizations throughout the project to gather feedback on human-centered design trainings, check-in meetings, and supplemental capacity building activities. Based on insights from the survey, the Network opted to make significant adjustments to the human-centered design trainings. This effort focused on customizing materials that were initially aligned with academic and for-profit settings to better suit the context of community-based organizations. This endeavor involved contracting with a local human-centered design training provider, wherein the foundations of human-centered design were completed asynchronously, session durations were abbreviated, an additional opportunity for teams to consult with an innovation coach about their projects' needs, and an additional innovation coach was brought on board. Following these adjustments to the HCD trainings, a notable 21% increase was observed in the average rating of the trainings, reflecting an upward trajectory from Cohort 1 to Cohort 2.

The Training and Meeting Feedback Survey also provided data that supported changes to the SPARK Innovation Network structure. As the project progressed, the Part found its strength in providing feedback from the perspective of community organizations that serve the same community. They provided important feedback on budgets, narratives, processes, and napkin pitches for the project. The Network Core continued in the Network providing programmatic focused feedback,



To monitor the strength and number of connections within the SPARK Innovation Network, the Texas A&M University Department of Health and Kinesiology conducted an **Interorganizational Network Survey (ION)** throughout the entirety of the grant. This approach focuses on the whole network and measures structural patterns of interactions. The final ION study assessed network measures for information sharing, joint planning, and resource sharing. The density scores (a measure for network connection) for each domain showed that the networks were loosely connected, with only a small percentage of potential connections realized. The centralization index (a reflection of the overall hierarchical structure of the network) revealed that the information sharing network was more hierarchical with a pyramid-like structure in the network, while the joint planning and resource sharing networks had more flattened structures.

### **Other Innovative Approaches**

### **COVID-19 Adaptations**

When Honestly initially applied for the grant, it was anticipated that, although we submitted the proposal while in quarantine, we would be prepared for in-person implementation at the time of funding; however, this was not the case. Consequently, the program design was shifted to accommodate an entirely online platform. This included online real-time meetings, check-ins, and trainings, as well as asynchronous content. Eventually, some events and trainings were conducted in a hybrid format in addition to online implementation.

### Request for Proposals

Honestly carefully designed SPARK Innovation OKC's Request for Proposals (RFP) process. This process was designed by reviewing literature on equitable funding, reviewing RFPs from similar organizations and with input from experts in the equity, funding, and sexual health education fields. The process was developed to ensure that SPARK Innovation OKC could attract and fund a range of organizations including small non-profits, community-based organizations and others that may not be traditionally funded through traditional funding processes. Some differences in this RFP process included not requiring 501(c) 3 status, not requiring the submission of a budget or program design, and having





all applications reviewed by an independent RFP committee. The RFP committee included youth, caregivers, and professionals, and every application was reviewed by at least one representative from each of these groups. Applications were scored by the committee and funded organizations were selected based on their scoring. Other organizations looking to design equitable RFP processes for their communities should create their processes based on grant structure and requirements, as well as community structure, need, and feedback.

To ensure that the RFP process that was implemented during the first round was efficient and equitable, Honestly solicited feedback from the RFP Committee and Cohort 1 organizations through surveys and Cohort Interviews. Overall, both groups indicated that the RFP process was easy to understand and user-friendly, allowing them to navigate through the requirements with ease. The RFP was commended for being open and affirming and fostering an inclusive and welcoming environment for all participants. However, Cohort organizations and committee members agreed that the human-centered design process, some of the terminology used, and the "why" behind the project could have been clearer. As a result, the RFP document for Cohort 2 included more details and visual elements to accommodate multiple learning styles.

### Milestone Payments vs. Cost Reimbursement

Honestly set out to reduce barriers for smaller organizations with less financial infrastructure to participate in the project while helping to increase their capacity by attending Honestly-led budget and financial trainings. To achieve this goal, first year Cohort organizations were provided with the project scope that had measurable goals and objectives which were completed for "milestone-based payments" (i.e., Cohort organizations were paid upon the completion of deliverables on a predetermined timeline). In the Cohorts' second year, organizations developed a budget and moved to cost reimbursement, gaining further experience in budget management. Although opportunities for budget training and practice were provided, once moved to costreimbursement awards, some organizations struggled to submit appropriate backup documentation and timely invoicing for budgeted funds. While reaching goals of reducing barriers, Honestly's overall project budget during the cost-reimbursement stage of the project was affected by Cohort organizations' staff size and capacity of the subrecipients. Despite offering optional training and check-ins, smaller organizations or teams often didn't have the time to attend and didn't seem to benefit from the training recordings sent to them.

Through this process, it was determined that building more intentional time during check-ins for specific budgeting and invoicing support

from our finance team or creating a separate quarterly check-in with organizations would be beneficial. Providing additional "manual" style resources from the beginning with FAQ's and establishing stronger policies and procedures around appropriate documentation and timely invoicing, would help to strengthen expectations, increase subrecipient capacity and understanding, and ultimately support overall budget management.

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### Honestly's Internal Process Monitoring

Honestly's internal data team took several innovative approaches to monitoring and grant reporting. Central to these approaches was the SPARK Intervention Inventory Database (SIID), a comprehensive file storage system of the Network's progress on the SPARK Innovation OKC project. This tool stored all pertinent files related to the grant so they could be easily found and further utilized. Excerpts of meeting minutes, monthly reports, and other materials were condensed within "summary files" so the team could easily parse out lessons learned. The SIID was also a central location referenced by Honestly's grant staff, hosting multiple working documents and interconnected systems that aided in tracking project progression and report writing in realtime. This provided a system of "checks and balances" throughout the reporting period for internal continuous quality improvement. Moreover, it allowed various members of Honestly staff to contribute to the collection and reporting of information. In addition, the SIID's file structure overlapped with OPA's grant expectations guidance and reporting structure, which streamlined Honestly's regular reporting to OPA. An outline of the SIID can be found in Appendix, page 101.

Honestly's internal communications also heavily relied on internal team meetings and an internal monthly report. These processes were critical in information sharing, problem solving, and identifying potential pivots for the Network. For example, Honestly learned through these meetings that it was essential for the Cohorts to have one point of contact with the Honestly team, the grant manager. The grant manager attended all Cohort check-in meetings and the internal Honestly meetings to coordinate key communications from SPARK Innovation OKC's day-to-day activities to Honestly staff and disseminate information to the Cohorts about deadlines and deliverables. This ensured continuity in Honestly's messaging to the Cohorts.

### Replication

While planning the grant, Honestly set an ambitious goal to replicate innovations in the last year of the grant that had positive results. Two Cohort organizations were able to reach replication, which allowed





the Network to observe how other communities responded to the innovations and evaluate their sustainability for populations beyond those for which they were originally designed. Cohort organizations reported finding it difficult to hand off their program to another organization and allowing them the space and autonomy to implement it. Honestly staff gained insights into the significance of equipping organizations with the necessary preparation when transitioning their projects to other organizations, ensuring optimal readiness. Replication organizations were eager to implement innovative projects created by fellow community members and eager to have sexual health conversations with their caregiver community.

### **Support for the Network**

The Network could not accomplish everything it did without the support of key partners. While certain supports (such as the CEAC and Network Core, detailed above) were designed to support the Cohort organizations from the onset, the Network discovered additional needed support throughout the course of the grant. In following with the principles of human-centered design, the Network gathered feedback from its stakeholders and pivoted when needed. Over the course of the grant, Honestly added several contractors to support the team with capacity limitations, provide fresh perspectives on the project, and provide specialized context expertise.

Two key evaluation supports were added to support the evaluation of the network, the 12 innovations that required rapid feedback, and associated program monitoring and reporting. One addition was Sharp Insight, an external evaluation team who analyzed Cohorts' caregiver data and produced evaluation reports while Honestly evaluation team coordinated with Cohorts and provided technical assistance based on evaluation findings. In addition, a part-time data entry clerk was hired to assist with grant reporting and other data entry needs. These evaluation supports were in response to the high evaluation demand of the grant and the limited capacity of Honestly's data team.

Other key contractors were human-centered design training facilitators, Susan Moring and Dr. LaNita Wright, who provided technical assistance and training around Models of Innovation in Sexual Health, Systems Thinking and Approaches, and Intro to human-centered design. These training courses were tailored to the SPARK Innovation and Network Partners and supplemented with additional technical assistance from Innovation Coaches and the Honestly team. Honestly opted to work with experts in humancentered design to ensure the Cohort organizations received high-quality training to support the development of their innovations.



Supplemental trainings were also key in building the capacity of the **SPARK Innovation OKC Network. While** the human-centered design trainings and other key trainings (such as adolescent brain

### Performance Measures: Training

The Network collected metrics on trainings supported by the SPARK Innovation OKC grant, including both those directly provided through the Network and supplemental training related to grant activities. The "number trained" reflects an unduplicated count of each individual associated with grant implementation who received at least one training.

Trainings	Number trained
229	127

development and systems-thinking) were planned before the onboarding of the Cohorts, many trainings were planned and designed in response to Cohort needs or direct feedback from the Cohorts. For example, budget and invoice trainings and asynchronous online trainings by Rutgers (ranging in topics like Sexuality ABCs, Boys and Sex Ed, Pregnant and Parenting Teens, and more) were added to the training offerings as a response to the Cohorts' needs and feedback. Other key trainings provided included trainings on equity, sexual health, trauma-informed care, 2SLQBTQ+ resources, and working with caregivers. Honestly staff and contracted subject-matter experts provided the trainings. A full list of the trainings provided can be found in Appendix, page 103.



Convention giving their "napkin pitch" at a human-centered design training.



Susan Moring and colleague present information at one of the hybrid human-centered design trainings.





### **Challenges to Innovation**

The SPARK Innovation Network fully embodied human-centered design, despite facing several challenges. Some of these challenges were tangible and non-specific to our strategy of human-centered design, while others were more abstract and required strong relationships and trust among the Network.

"Innovative cultures are generally depicted as pretty fun. They're characterized by a tolerance for failure and a willingness to experiment. They're seen as being psychologically safe, highly collaborative, and nonhierarchical. Research suggests that these behaviors translate into better innovative performance. But despite the fact that innovative cultures are desirable, and that most leaders claim to understand what they entail, they are hard to create and sustain. That's because the easy-to-like behaviors that get so much attention are only one side of the coin. They must be counterbalanced by some tougher and frankly less fun behaviors: an intolerance for incompetence, rigorous discipline, brutal candor, a high level of individual accountability, and strong leadership. Unless the tensions created by this paradox are carefully managed, attempts to create an innovative culture will fail (Pisano, 2019)."

Trusting the process: To build trut in the process of human-centered design, the Cohorts first had to trust the Honestly team. Our team firmly believed in the iterative nature of design, where solutions evolve through empathy, collaboration, and continuous refinement. However, trust was tested for the Cohorts when faced with uncertainty, setbacks, or divergent perspectives. Honestly's team supported Cohorts with technical assistance, testing, evaluating, and even budgeting for the innovations. In doing so, Cohorts were able to embrace the discomfort of ambiguity and accept that failure is an essential part of the process. In doing so, the SPARK Innovation project was able to produce meaningful and impactful experiences that resonated deeply with the needs and aspirations of those we serve.

Balancing creativity and data in human-centered design: The SPARK Innovation OKC grant was an opportunity to explore the tension between the possibilities of the human imagination and the structured insights derived from data analysis. While the Network's creativity fueled innovation, this was balanced by data that provided grounding patterns and revealed user needs. Honestly's role was to maintain a culture that supported creative ideas, which

thrive on inspiration and intuition, and also relied on data, which can guide design decisions. This balance cultivated a culture where both radical ideas and data-informed decisions were rewarded.

**Environmental and logistical challenges:** The Network Core also supported the Cohorts through more common programmatic barriers, such as the recruitment of caregivers, rapidly responding to feedback, staff turnover, and capacity limitations during the COVID-19 pandemic. While these challenges are less specific to innovation strategies, they required innovative solutions and adaptability that is consistent with the human-centered design model.

### **Sharing Our Learnings**

A crucial component of the SPARK Innovation grant was sharing our learning throughout the Network, within individual teams, and with our stakeholders. A dissemination plan was developed and utilized throughout the project to ensure key messages and learnings were reaching the intended audiences. Conference presentations and various articles were a key method of broadly sharing learnings with other professionals and caregivers. Specific presentations and articles are highlighted in the "Dissemination" section of this report, found on page 40.

Performance Measures: Dissemination  SPARK Innovation OKC was promoted and disseminated by all Network partners through various social media and presentations.					
Blogs/online articles	Posts	Reactions	Reshares	Comments	Presentations
46	918	10,050	1,299	1,321	48

Regular check-in meetings, monthly reports, and newslwetters were utilized for project updates. In addition, the Cohort Evaluation Reports were a tool for both rapid feedback to inform project pivots and reporting to the Office of Population Affairs. Honestly became a hub for contact information for Network partners so Cohorts and Network Core members could connect with each other as needed. Organizations collaborated with each other on their SPARK innovation and on other projects.

Innovation Fridays were created to provide Cohort organizations additional technical assistance from Honestly and Innovation Coaches. Innovation Fridays took place twice a month during the four months of the human-centered design trainings. They were large group sessions that held a space for organizations to share challenging aspects of their innovations. Organizations were able to brainstorm, troubleshoot, and share solutions as a group. Networking Wednesdays were another addition to the grant to







provide Cohort organizations time to share their learnings and build stronger relationships within the Network. Networking Wednesdays took place monthly and provided an opportunity for partners to share and discuss challenges and successes with SPARK, and to share about other programs happening within their organization and how others can support.

Honestly's website held key information for applications for the RFP and Network partners. The website also hosted key reports, such as the Central Oklahoma Caregivers' Community Assessment, Oklahoma County Teen Birth Rate One-Pager, and other data resources for use of the public, including SPARK Innovation Netowork partners to provide an up-to-date landscape on teen pregnancy in Oklahoma. All Network partners utilized social media to promote the work being conducted on the SPARK Innovation OKC project, with some Cohort organizations even using social media as a key aspect of their innovation.

The **SPARK Tank** event served as a key activity for sharing the Network's learnings within the Network, field experts, and the public. Videos of each Cohort organization's innovations were featured as well as panel discussions with members of each Cohort. More information on SPARK Tank! can be found on page 16 of this report.

### First Attempts in Learning

Ultimately, expertise and preparation can only take a team so far, and certain learnings can only come from experience. If our team were to do it all again or advise another team on implementing the same project, there are a few things we'd recommend.

First, when comprising the Network Core, Honestly focused on recruiting partners with diverse content expertise so they could provide Cohort organizations with various types of content-based technical assistance. We soon gathered that Cohorts primarily needed tangible technical assistance, such as brainstorming required assistance with creating a logic model. While the partners were able to learn alongside and assist Cohort organizations with specific content, there were still gaps in skills-based technical assistance. The Network consequently pivoted and provided this support primarily through Honestly staff and innovation coaches. Similarly, trainings and technical assistance were pivoted to be less academic and tailored for community organizations. Much of the research and resources on humancentered design comes from the academic and private sector. While this information is valuable to the non-profit sector, the Network found itself in an essential role as an intermediary to provide the structure, tangible support, and guidance to apply human-centered design principles in community-based settings.

Due to the fast-paced and ever-evolving nature of Human-Centered Design, Honestly recognized that certain aspects of the project that were added in response to Cohort organizations' feedback and needs would have had a greater impact if implemented sooner. This includes providing the Cohorts with specific training topics earlier in the Cohort cycle such as general sexual health, evaluation practices, and grant finance management. Providing these trainings may have further supported Cohorts in early drafts of innovation materials, evaluation design and data collection, and grant reporting. Additional onboarding documents that included key contact information, terminology, and timelines would also have benefited the Network. Moreover, digitally hosting any onboarding materials that may be subject to change would ensure accurate and clear communication.





Members of the Network Core attend SPARK Tank



### Dissemination

### Dissemination

Honestly learned a great deal over the three years of the project and found ways to share our learnings, innovations, and processes with the sexual health community.



### **Presentations**

- SPARK Intervention Inventory Database, OPA Innovation Showcase, February 2021.
- SPARK INNOVATION OKC: Transitioning human-centered design Equitably into the Nonprofit Sexual Health Sector, The Society for the Scientific Study of Sexuality Conference, November 2021.
- Two for ONE: Using human-centered design to Create Sexual Health Education for Diverse Populations, The Society for the Scientific Study of Sexuality Conference, November 2021.
- How to Use Grant Reporting to Increase Your Organization's Capacity, Texas Campaign to Prevent Teen Pregnancy's Symposium, April 2022.
- Turning Equity into Action: Tangible Strategies to Create Real Systems-Level Change, Texas Campaign to Prevent Teen Pregnancy's Symposium, April 2022.
- Using Grant Funds and human-centered design to Increase Community Capacity for Collective Impact, Healthy Futures of Texas 12th Annual Symposium, April 2023.
- Innovation Replication: Taking Innovative Projects to the Next Level, OPA Innovation Exchange, May 2023.
- SPARK Tank: Where Innovation Meets Community Action, OPA Innovation Exchange, May 2023.



All articles listed below were published in collaboration with a local Magazine called MetroFamily Magazine to provide caregivers information to equip them with conversation starters, tips, and resources for having conversations with young people about their body, love, sex, and relationships.

### Articles

- Mathews, R. (n.d.). Talking to kids about sex The Early Years. Metro Family Magazine. https://www.metrofamilymagazine.com/talking-to-kidsabout-sex-the-early-years/
- Mathews, R. (n.d.). Talking to kids about sex The Elementary Years. Metro Family Magazine. https://www.metrofamilymagazine.com/talking-to-kidsabout-sex-the-elementary-years/
- Keck, B. (n.d.). Talking to kids about sex The Middle School Years. Metro Family Magazine. https://www.metrofamilymagazine.com/talking-to-kidsabout-sex-the-middle-school-years/
- Mathews, R. (n.d.). Talking to teens about sex. Metro Family Magazine. https://www.metrofamilymagazine.com/talking-to-teens-about-sex/
- Mathews, R. (n.d.). Talking to Kids about Gender Diversity. MetroFamily Magazine. https://www.metrofamilymagazine.com/gender-diversity/

### Podcasts

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S.H.I.F.T - Sexual Health Information for Caregivers & Teens by Freedom City

Created by Brittany Carter-Thomas and Dr. Angel Wilson

### Program Overview

Freedom City's mission is to remove barriers and provide support for students and families in Oklahoma City to reach their potential through education and exposure. Freedom City offers after-school, summer, and during school programs to help students improve their reading, math and writing skills while exposing them to various careers and extracurricular activities. Freedom City also provides support for families to ensure they break the cycle of generational poverty by equipping them with tools to meet their goals, teaching them better communication skills with their children/teens, and referring them to community resources, such as better employment, housing, and more. S.H.I.F.T. is an 8-week support and discussion group for parents and guardians of teens in faith-based settings. The support group encourages participants to explore different ways to communicate with teens and each other to help their teens achieve optimal sexual health. Participants learn different techniques such as role playing, conversation starters, and more. Sessions include:

- 1. Introduction to Sexual Health and Wellness & Listening/Communication
- 2. Anatomy/Puberty
- 3. Sexuality/Gender/Identity
- 4. Reproductive Health and Contraceptives
- 5. Relationships
- 6. Sex and Religion
- 7. Technology/Digital Age Influences
- 8. Caregiver Q & A







### Final Materials

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### Status of Development:

S.H.I.F.T. ended the SPARK Innovation project in the replication phase. More information about recommended next steps can be found in the Promising Innovations section. SHIFT ran four implementations through 2021 and 2022. As a result of thier implemenation phase, they gathered enough preliminary data to show positive results. Through replication, they were able to determine if this program was applicable to other populations. Two organizations (It's My Community and Modern Manhood) were asked to complete one replication of S.H.I.F.T. .. It's My Community ran their replication from January to April, and Modern Manhood ran their replication from February to April. It's My Community brought on Freedom City's facilitators to run the implementation. Modern Manhood ran their own sessions with two facilitators trained by Freedom City's facilitators.

### Evaluation:

An array of methods were employed to gather insights for *S.H.I.F.T.*, including the compilation of attendance numbers, analysis of survey feedback data, and engagement in listening sessions with participants. Survey feedback data was gathered at 10 different points during the course of the implementation of *S.H.I.F.T.* Participants completed a pre-survey and a post-survey when starting the first session and after completing the last session. Participants also completed a survey after each session, to provide feedback on each specific session.

Results from replication groups were like implementation groups, with replication groups having a slightly lower average score on their five-point Likert-scale (implementation X = 4.39, SD = 0.17, replication X = 3.97, SD = 0.22). One key difference arose from Modern Manhood (a replicating organization from a community group that serves Black men). Compared to other implementations and replications, Modern Manhood saw more resistance to some concepts and reduced knowledge scores on materials presented. Notably, the men were less likely to answer questions that pertain to women's sexual health and anatomy correctly than Freedom City's implementation groups (Implementation correct response rate = 80%, Modern Manhood correct response rate = 25%). Honestly talked with Freedom City--as they are the experts on their community — about why this difference might be occurring. Freedom City identified cultural expectations around masculinity and sexual standards as reasons men might struggle with some of these concepts. Freedom City pointed out that in a mixed

gender implementation, women can talk about their own experiences. It is for these reasons that Freedom City believes that *S.H.I.F.T.* works best when facilitators create a safe space to share experiences, and there is a mix of genders.

\*Freedom City's implementations did include men, however they were always a minority in the implementation groups.

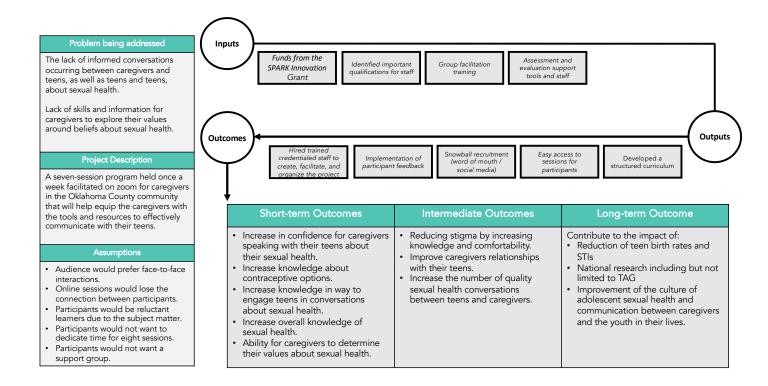
Several lessons were learned during the development and testing of S.H.I.F.T. Firstly, it was learned that caregivers preferred to engage with materials via stream (e.g., Zoom or Facebook Live). When the sessions were held online, far more participants showed up and remained engaged throughout the innovation. Secondly, Freedom City pivoted S.H.I.F.T. 's format from something resembling a lecture to a guided discussion about sexual health issues. This change reduced the distance between the presenters and the participants and increased the communities' engagement with the program. Finally, the replication of S.H.I.F.T. by Modern Manhood highlighted potential differences between men and women taking part in the program. Freedom City's implementations were predominantly attended by women, and Modern Manhood's implementation was specifically for men. After reviewing surveys and recorded sessions, researchers noted that the participants from Modern Manhood were more likely to hold traditional views about sex, sexuality, and gender roles (e.g., it's fine for men to have sex before marriage, but if a woman loses her virginity, she is damaged, catcalling is an appropriate form of flirting, consent does not need to be verbal, etc.). Men were also less likely to be willing to explore these concepts critically. More data should explore these topics, but it does suggest that S.H.I.F.T. is more effective with mixed gender samples.

Key feedback from listening sessions included discussions about recruitment and providing child care to participants attending the sessions. Freedom City eventually moved to an online only implementation and would start each session acknowledging that people might need to take care of their families and could go off camera, or step away if needed. Feedback on the project content was positive and identified as relevant and useful for the community.

As the innovation was tranistions to an online format (including small edits to the facilitation guide for remote implementation), changes in recruitment materials and recruitment sites (added more flyer distribution locations including new churches, clubs, and barber shops), and minor changes to content based on community feedback.







### **Contact Information:**

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### ONEderfully Made by ONE (Our Neighborhood Empowered)

### Created by Kaylee Vaughn

The mission of ONE is to positively impact Oklahoma City by partnering with and supporting their neighbors. This organization focuses on providing afterschool and summer programs for children and teens while holistically supporting the family by providing and connecting them to resources.

ONEderfully Made is for parents, guardians, and other community mentors in faith-based and community settings to attend a four-session workshop centered on improving knowledge of adolescent sexual health and improving communication techniques with their children. ONEderfully Made allows caregivers to learn sexual health concepts and then explore their own reactions and feelings to the information being taught. Skill-building and role play techniques are utilized to help build caregivers' confidence in having sexual health conversations with their children. Sessions include:

- 1. Talking to Teens About: Healthy Relationships
- 2. Talking to Teens About: Bodies
- 3. Talking to Teens About: Consent
- 4. Talking to Teens About: Sexual Orientation and Gender Identity











### Status of Development:

ONEderfully Made ended the SPARK Innovation project in the replication phase. More information about recommended next steps can be found in the Promising Innovations section. ONEderfully Made ran five implementations through 2021 and 2022. As a result of thier implemenation phase, they gathered enough preliminary data to show positive results. Through replication, they were able to determine if this program was applicable to other organizations. Two organizations (Jayden Oliver Basketball and Hope for Generations) were asked to complete one replication of ONEderfully Made. Jayden Oliver Basketball ran their replication in February, with parents taking part in ONEderfully Made while their children took part in basketball practice. Hope for Generations ran their replication in March; their replication was similar to ONE's in that parents would meet at an assigned time and go through ONEderfully Made. While the replication organizations worked to stay true to the original program, some of the organizational structures may have impacted recrutiment. For example, child care was not available at Hope for Generations as it had been through the initial testing.

### Evaluation:

Two main methods were employed to gather insights for *ONEderfully Made*: survey feedback gathered from sessions and a recording of a listening session involving participants.

ONEderfully Made assessed participant knowledge via pre- and post-surveys. Participants exhibited a generally positive trend in their knowledge, showing an average increase of 14.2% in the number of correct responses to knowledge questions. Five-point Likert-scale questions (ranging from strongly disagree to strongly agree) were used to assess participant levels of comfort, confidence, and capability regarding talking with youth about sexual health. Participants' average Likert-scale score was lower during the pre-survey (X = 2.80, SD = 0.27) compared to the post-survey (X = 3.12, SD = 0.17), indicating a favorable connection between ONEderfully Made and the participants' comfort, confidence, and capability to discuss sexual health topics with youth. Participants were provided opportunities to give feedback about their experiences with ONEderfully Made. They were asked to share what they enjoyed and felt was helpful from the program. Some qualitative feedback reflecting what participants enjoyed about the program included:

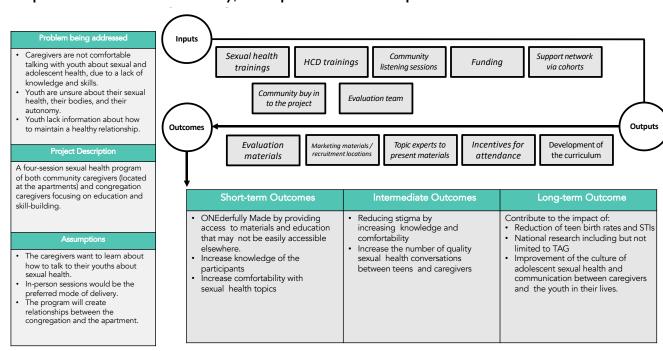
 "How to talk to my children about sexual health at different ages/stages of life; the topic of intersex; how to talk to family members about consent and respecting my child's choice to hug/kiss hello/goodbye."

- "I really appreciated the whole program and was thankful it was offered."
- "Tools for discussing consent with my young children and continuing that conversation as they grow. A better understanding of sex vs gender and how to approach those conversations when it is time."

Replication groups for *ONEderfully Made* demonstrated similar outcomes to ONE's implementations. The key take aways were that *ONEderfully Made*works well when it is made easily accessible to participants (i.e., childcare is provided or not necessary, participants have an easy way to get to the session, and participants are fully informed about the content of the project).

For this community, the Cohort observed that transportation and childcare tend to be the key reason caregivers can't attend trainings. ONE worked to accommodate these needs during their implementations, and generally was successful with making the innovation accessible. Participants in *ONEderfully Made* would often report that they planned to talk to their youth about sexual health topics including: puberty changes, birth control, and consent.

Following caregiver feedback, certain initial content was identified as having an excessively academic writing style resembling collegiate-level discourse, which the community found unhelpful. In response, the content underwent a comprehensive review and was rewritten to make it more accessible and comprehensible. Additionally, examples were incorporated to facilitate



### **Contact Information:**

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### Catch the Spark

Created by Brondalyn Coleman and Tymber Hudson

BNC's mission is to cultivate an environment expressly for foster caregivers and overall caregivers, which provides easily accessed module curriculum that motivates a positive, nonjudgmental, and helpful course on how to address the tough barriers around the sensitive topic of sexual health.

The Catch the Spark training is a dynamic and comprehensive program designed to empower caregivers of youth impacted by child welfare, with a specific focus on sexual health and wellbeing. Through interactive sessions and evidence-based practices, caregivers gain indepth knowledge and practical strategies to address sensitive topics related to sexual health, provide age-appropriate education, and support the overall sexual wellbeing of the youth in their care. This is a full day training that can be offered virtual, hybrid, or in-person. Sessions include:

- 1. Catch the Spark Understanding sexual needs of youth in foster care.
- 2. Protect the Spark Communicating with youth in foster care.
- 3. Respect the Spark Supporting youth in foster care.







### Status of Development:

Catch the SPARK ended the SPARK Innovation project in the test and refine phase. More information about recommended next steps can be found in the *Promising Innovations* section. BNC completed four implementations with their community between 2022 and 2023.

### Evaluation:

In order to gather insights for *Catch the SPARK*, survey feedback data was analyzed and a listening session was conducted with caregivers.

In both a pre- and post-test survey, participants were asked to rate their knowledge, comfort, and skill in talking with youth about sexual health topics using a five-point Likert-scale. The data demonstrated an average increase in knowledge, comfort, and skill of 14.6% (pre-survey X = 3.84, SD = 0.35, post-survey X = 4.57, SD = 0.19). In the post-survey, participants were asked if they had made plans to talk with youth about sexual health now that they had gone through *Catch the SPARK*. A large majority (84.6%) of participants reported that they had planned to talk to youth about sexual health. When asked what they planned to discuss, the most common responses fell into categories of: creating safe spaces, consent and contraceptive use, and changes to laws around sexual health.

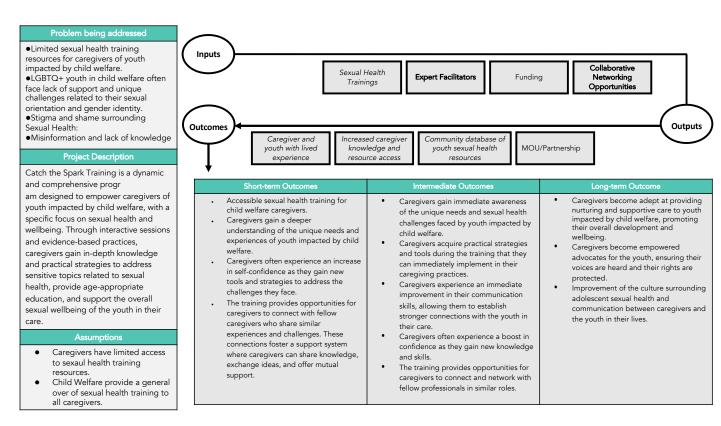
Participants expressed the following sentiments during the listening session:

- "It was very versatile. You can use it with anybody. The videos were a little simple. But because they were simple, it was easy to follow. So, you have all the age ranges that you can work with... It was very much age appropriate."
- "No foster care trainings...they're not doing anything like this. Yeah, I don't know if any of them [do something] like this at all."
- "A lot of children, especially the children that we work with, don't feel they can trust and talk about what's going on with them. So whether it's about sex, whether it's about their identity, whether it's about a bully. I think this training opened up the bridge to be able to say 'this is a safe space'."

During the development and testing of *Catch the SPARK*, Honestly learned several lessons about caregivers in the foster care system in Oklahoma County. Firstly, there is no mandated training around sexual health issues of youth for caregivers. This means that most caregivers have an extremely basic understanding of sexual health. Secondly, many foster care caregivers are not provided with inforamtion or resources for 2SLGBTQ+ youth.

Thirdly, participants reported being able to talk to a panel of youth about their experiences and needs going through the foster care system to be highly beneficial to the participants' understandings of youth needs. Finally, participants reported difficulty staying up to date with foster care legalities. *Catch the SPARK* focuses on Oklahoma but offers a model to help caregivers in other states remain up to date about changes to the legal system.

BNC made several pivots to the delivery of *Catch the SPARK*. They ultimately decided that it needed to be presented in-person across two days for optimal results. Additionally, small additions to content about laws were made as bills moved through the legislative session.



### **Contact Information:**

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ATLAS - Autistic Teens Learning About Sexuality by The Oklahoma Autism Center at the University of Oklahoma

Created by Kathryn Moore, Gale Hann, and Jaye Capretto

The University of Oklahoma Section on Developmental and Behavioral Pediatrics offers a variety of services and programs promoting the mental and physical wellbeing of children, families, and communities across the state of Oklahoma. Many clinical services and programs serve children who have autism as well as other intellectual and developmental disabilities and their caregivers.

ATLAS is an application for providers and caregivers of youth with autism in clinical and community-based settings. The app consists of 4 sexual health topics with intertwining information so that caregivers can choose which topics they engage with, without missing vital information. This app was created with the intention that caregivers will use the app to engage with their youth around the topics. Providers come into play as a referral source to encourage caregivers to utilize the app. Modules include:

- 1. Why sex education is important for autistic youth module
- 2. Sexual Health and Reproduction module
- 3. Gender, Sex, and Sexuality module
- 4. Puberty module





### Final Materials





### Status of Development:

ATLAS ended the SPARK Innovation project in the test and refine phase. More information about recommended next steps can be found in the Promising Innovations section. Oklahoma Autism Center (OAC), has completed four implementations with their community between 2022 and 2023.

### **Evaluation:**

Feedback for *ATLAS* was engaged via survey data and a listening session. Using pre- and post-surveys via a five-point Likert-scale questions, participants were asked about their level of knowledge, comfort, confidence, and capability of talking to youth about sexual health. Participants demonstrated an average increase in Likert-scale scores of 20.3% (presurvey X = 3.47, SD = 0.34, post-survey X = 4.49, SD = 0.04). Participants were asked to rate on a scale from 1-to-10 (1 = not at all likely and 10 = extremely likely), how likely they were to have a conversation with youth about sexual health. At the time of the post-survey, participants reported being more likely to have a conversation with youth (X = 7.55) than when they filled out the pre-survey (X = 6.65)

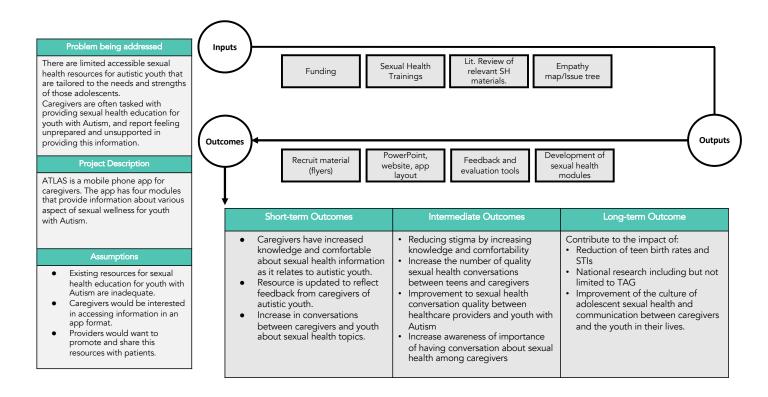
Participants expressed the following sentiments during the listening session:

- "I've known people and I've seen people who are specifically working as sex educators in a developmental disability scenario. But in terms of the app component of it, I think that's something I haven't run into."
- "[The app] Empower parents to feel more knowledgeable and more capable of having conversations and discussions with their children about these issues."
- "This information... a lot of it is current, kind of new, more newer developments. So [for] older caregivers, like I would be considered, [this] is new information to me. So it's educational for the caregiver also. And I think that is hard information to come by. So I think it's pretty valuable."

Participants who engaged with *ATLAS* frequently requested more activities and skill building exercises. Participant feedback on *ATLAS* was mostly positive, but requested more activities that help them learn how to have conversations with their youth. OAC worked to develop more activities including games that can help spark conversation between youth and caregivers. Caregivers also appreciated the inclusion of audio/video materials which aid in breaking up the written content of *ATLAS* and demonstrating

some of the activities discussed in the app.

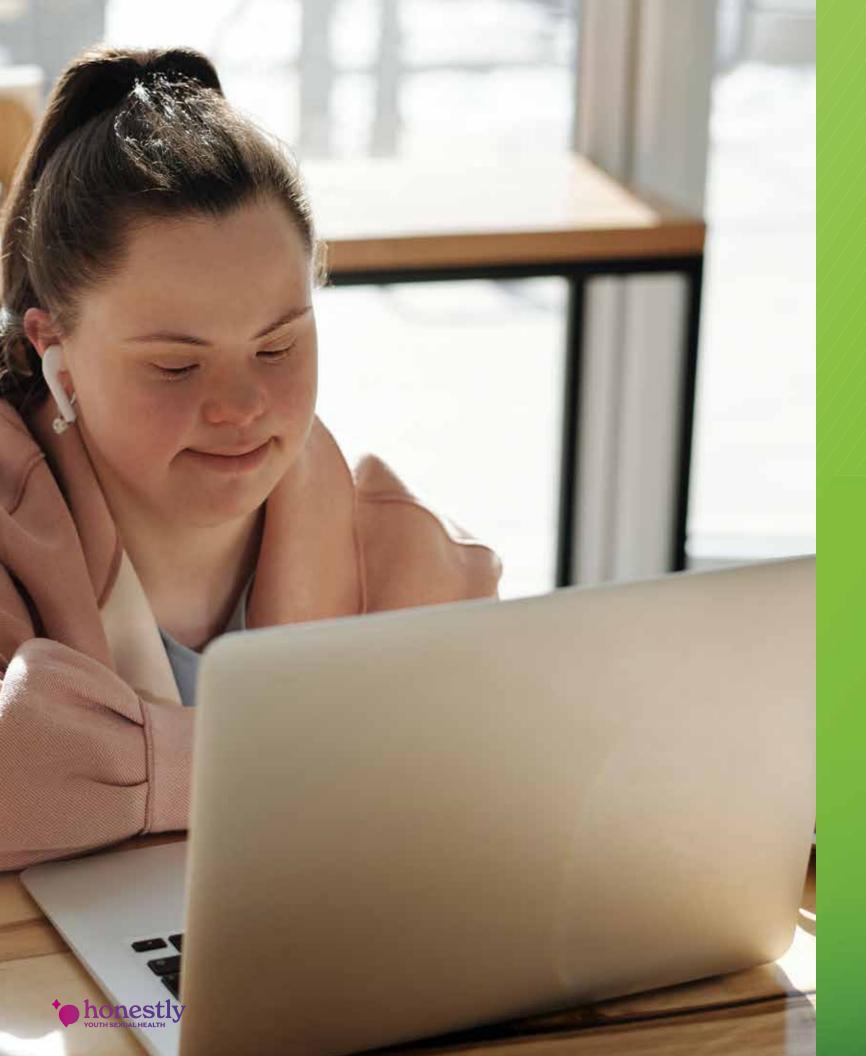
ATLAS changed its form several times across the grant period. OAC's goal is for ATLAS to be an app that can be downloaded on to a phone or tablet; however, the time and money required to get to that point was a limitation. For implementations of ATLAS, OAC created facsimiles of apps using



### **Contact Information:**

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### Boundaries and the Basics

### Created by Sarah Soell and Rylee Cole

The mission of the Down Syndrome Association of Central Oklahoma is to raise awareness and provide resources, as well as promote acceptance and inclusion for people with Down syndrome. They do this through a variety of family-oriented events, education workshops and community awareness campaigns. DSACO envisions communities where everyone—including those with disabilities—is accepted, included, empowered, and given the opportunity and choice to create their own happiness and path to success.

Boundaries and the Basics is a toolkit coupled with coaching sessions for caregivers of youth 18 - 25 with down syndrome. This toolkit can be used by community-based organizations or Special Education educators. Due to the high occurrence of developmental delays within the community, this innovation specifically targets older adolescents who are transitioning into self-advocacy. The toolkit includes activities and talking points for caregivers to have with their youth around the basics of sexual health like personal hygiene and understanding their bodies and personal boundaries and consent. Once parents have completed a section of the toolkit, they have the opportunity to sign up for coaching sessions where they can bring their youth and talk through concepts and practice conversations. Sessions include:

- 1. Personal Hygiene
- 2. Relationships
- 3. My Body The Puberty Basics
- 4. Appendix with additional resources for caregivers





### 'Final Materials





### Status of Development:

Boundaries and the Basics ended the SPARK Innovation project in the test and refine phase. More information about recommended next steps can be found in the Promising Innovations section. DSACO completed four implementations with their community between 2022 and 2023.

### Evaluation:

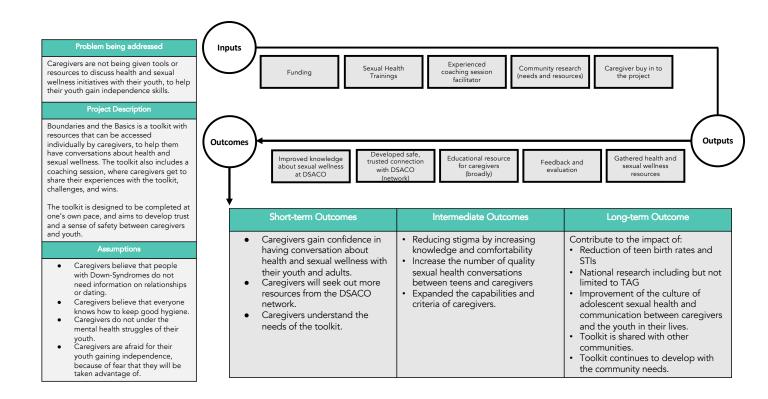
In order to gather insights for Boundaries and the Basics, survey feedback data was analyzed and a listening session was conducted with caregivers. In a pre- and post-survey, participants were asked to provide feedback on a five-point Likert-scale about their level of comfort and confidence in talking with youth about sexual health matters. The data demonstrated an increase in comfort and confidence of participants by 9.5% (pre-survey X = 4.33, SD = 0.14, post survey X = 4.72, SD = 0.04). After taking part in *Boundaries and the Basics*, participants were asked if they had talked with their youth about sexual health matters. Forty-one percent of participants reported having at least one conversation with their youth about sexual health, with most participants discussing: privacy, relationships, personal safety, and puberty changes with their youth.

Responses from a listening session with participants who had completed an implementation of *Boundaries and the Basics* included:

- "It was a great opportunity to have another resource and it was done at our Down Syndrome Association."
- "We can have one-on-one conversations on these topics with my adult son with multi-sensory approach, videos, visuals, written... kind of offers [something for] different learning styles."
- "I think it's helping to address some of the issues that some of our adult children have with being appropriate. Just learning some of the socially acceptable ways to go about interacting."

Throughout the course of development and testing, DSACO acquired valuable insights about their innovation. It was found that caregivers of youth with Down Syndrome often perceive sexual health as an unnecessary and unrelated topic from the overall wellbeing of the youth. Boundaries and the Basics works to bridge the gap between sexual health and overall health by establishing connections between these two ideas and equipping participants with skills relevant to both areas.

The incorporation of this approach, along with the positive feedback received from caregivers who had already completed Boundaries and the Basics led to a notable improvement in participant retention during the training process.



### **Contact Information:**

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### Liberate

### Created by Taylor Raye and Mataia Blackwell

Freedom Oklahoma advocates and organizes across the state to create an Oklahoma where all Two Spirit, Lesbian, Gay, Bisexual, Transgender, Queer, and full spectrum of people whose sexuality or gender identity exist beyond a heteronormative, binary framework (2SLGBTQ+), inclusive of their gender identity, gender expression, and/or sexuality, have the safety to thrive.

Liberate is an online resource hub with tailored content for caregivers and allies to 2SLGBTQ youth who feel they did not receive adequate sexual health education or want to unlearn some of the misinformation they received. Liberate can be implemented by community-based organizations. Caregivers begin with a self-assessment quiz (SAQ) to identify where to begin in their learning journey. Once that information is received, they receive tailored resources and content based on their specific needs. There is a focus on ensuring the content is accessible with or without internet connection and in formats accessible to all.











### Status of Development:

Liberate ended the SPARK Innovation project in the test and refine phase. More information about recommended next steps can be found in the *Promising Innovations* section. Freedom Oklahoma completed four implementations with their community between 2022 and 2023.

### Evaluation:

Feedback for *Liberate* was collected through a combination of survey data and a dedicated listening session. Freedom Oklahoma conducted an assessment of post-test data following the completion of *Liberate*. After participants successfully completed Liberate and reviewed the available resources, they were asked to share their thoughts on the experience.

Specifically, participants were asked about their intentions to discuss sexual health with their youth, revealing that a significant majority (88.9%) expressed their intent to engage in such discussions. Additionally, participants were questioned regarding their perspective on the resources provided by *Liberate*. The findings indicated that a significant portion of participants (89.5%) either agreed or strongly agreed that the resources recommended by Liberate were useful, relevant (89.5%), and increased confidence (63.2%) in talking with youth about sexual health.

These quotes were extracted from a listening session involving participants who had successfully completed an implementation of *Liberate*:

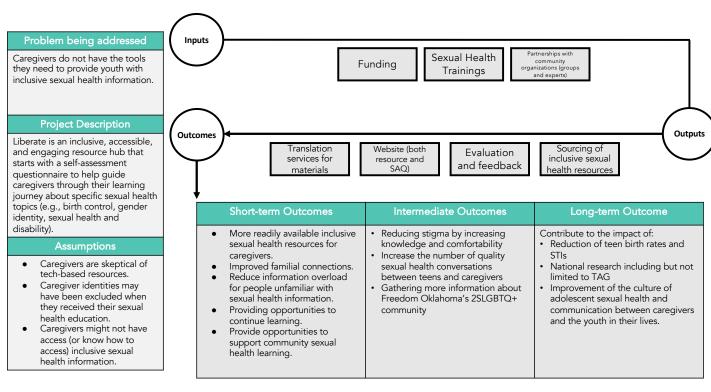
- "Being a parent of a child in the LGBTQ community, he felt like he
  was misrepresented or not represented when he went through sexual
  education. So, I think updating it for today's time and including how to have
  safe sex, and then also including other genders and sexual orientations is
  very needed."
- "But I want better for our generation. For my children's generation, I want them to understand, no means no."
- "So excited to see how this positively impacts the next generation of youth."

Within the confines of the listening session, caregivers engaged in discussions on the prospect of providing *Liberate* as a resource for youth. Although this presents a promising direction for future endeavors, the project retained its initial audience of caregivers to maintain consistency with the scope of the SPARK Innovation.

Freedom Oklahoma made several small pivots to the *Liberate* website to make it more accessible. This includes translating *Liberate* into Spanish and Hmong, as well as having the website assessed for accessibility.

Several insights were gained during the development and testing of *Liberate*. Given that *Liberate* functions as an online resource hub, ensuring participants' completion of feedback surveys posed a challenge for Freedom Oklahoma. In response, they adopted a strategic approach. They initiated presentations aimed at introducing groups to *Liberate*, allowing participants time to explore its contents, and then facilitating survey completion. This multifaceted engagement method was designed to enhance survey participation rates.

Feedback on *Liberate* encompassed a notable observation: some participants found the resources to be relatively basic. Given that Freedom Oklahoma typically collaborates with groups that possess a higher level of education about sexual health, this outcome wasn't entirely unexpected. It was recommended that Freedom Oklahoma maintained *Liberate*'s fundamental focus but consider developing more advanced resources tailored for caregivers in a future iteration. This is an evolution that can be guided by an ongoing understanding of the unique needs of the youth they serve.



### Contact Information:

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### Hablemos Claro: Let's Talk About It

### Created by Marco Salas and Samantha Victor

Latino Community Development Agency – (LCDA) "Impacting Lives, Building Futures." LCDA is a nonprofit 501(c)3 social services organization that was founded in 1991 in Oklahoma City for the purpose of addressing the unique needs of Latino immigrants and Spanish-speakers, in the areas of: child development, health, prevention, treatment, and youth programs. Their mission is to improve the quality of life in the Latino community through education, leadership, services and advocacy.

Hablemos Claro! (Let's Talk About It) is an online education hub via Link Tree for primarily Spanish-speaking parents with information on teen pregnancy, communicating with youth, and sexuality education in a variety of formats both written and video. At outreach events, and in their clinics, a QR code is available for caregivers to access and use at their own pace. The setting for Hablemos Claro is community-based. Sessions include:

- 1. Teen Pregnancy
- 2. Communicating with Youth
- 3. Health and Sexuality







### Final Materials

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### Status of Development:

Hablemos Claro ended the SPARK Innovation project in the test and refine phase. More information about recommended next steps can be found in the Promising Innovations section. LCDA completed four implementations with their community between 2022 and 2023.

### Evaluation:

In order to gather insights for *Hablemos Claro*, survey feedback data was analyzed, and a listening session was conducted with caregivers. LCDA gathered post-test data via a survey upon completion of *Hablemos Claro*. After going through the content of *Hablemos Claro*, participants were asked knowledge questions based on the content of *Hablemos Claro*. Most participants (78.2%) answered the questions about teen sexual health correctly.

The following quotes were extracted from a listening session involving participants who had successfully completed an implementation of *Hablemos Claro*:

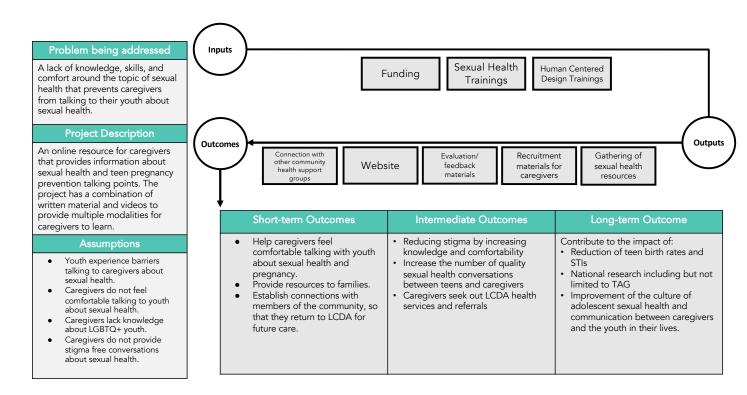
- "Sometimes it's hard to talk and we need something that helps us.
  How can I communicate so that I can understand and help my children?
  Especially [with] young children, what is the exact age to start talking to
  them? Will there be an exact age to start talking to them about sex? I don't
  know, but, if it's in adolescence then we need to start talking, and more
  resources."
- "It's all free, also free of judgement, and no pointing fingers. Very inclusive..."
- "I see [Hablemos Claro] as a tool that will help to communicate with our children easier."

Hablemos Claro underwent significant innovation pivots, with some notable shifts in direction. An important aspect of these pivots was the high staff turnover experienced by LCDA members assigned to work on Hablemos Claro. This turnover introduced challenges, contributing to both confusion and limitations in the development of Hablemos Claro. The transition in staff occurred post the prototyping phase, a pivotal juncture where materials and content had undergone testing, and Cohorts were expected to transition into full implementations of the innovation.

Unfortunately, the incoming staff faced the predicament of not being able to institute changes to the innovation. They were required to operate within the confines of the content and direction established by their predecessors, thereby navigating the project with pre-set parameters.

LCDA's efforts successfully engaged caregivers in participating in *Hablemos Claro*, yet a persistent stigma surrounding sexual health discussions remained evident within the Hispanic community. LCDA responded by creating materials to help caregivers' access to and utilization of *Hablemos Claro*. Encouragingly, consistent site analytics indicate that the platform experiences regular utilization.

LCDA overcame obstacles in gathering data by establishing community meetings to provide a structured opportunity for caregivers to complete the survey. Caregivers' feedback largely indicated that they found the information from *Hablemos Claro* beneficial. They did express a desire for more insights into local resources and organizations.



### **Contact Information:**

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## These Kids. These Days.

## Created by DesJean Jones and Vivian Tyson

Progressive Oklahoma Baptist State Convention (POBSC) is a collection of African American churches throughout the State of Oklahoma who work together in the name of and under the direction and guidance of God, sharing their common faith in Jesus Christ and their concern for strengthening God's work through activities rooted in the belief and principles advocated in the New Testament.

These Kids. These Days. is a workbook for youth group leaders in the church to help bridge the generational gap between caregivers and the youth they serve. The workbook consists of activities for rapport and relationship building and sexual health education topics. Modules include:

- 1. What I Think I Know
- 2. Things I Should Know
- 3. Getting to Know You
- 4. Relationship Building
- 5. Sexual Health Education









#### Final Materials



## Status of Development:

These Kids. These Days. ended the SPARK Innovation project in the test and refine phase. More information about recommended next steps is in the Promising Innovations section. POBSC completed four implementations with their community between 2022 and 2023.

### **Evaluation:**

Feedback for *These Kids. These days.* was engaged via survey data and a listening session. POBSC and Honestly worked together to overcome challenges in successful data gathering through evaluation technical assistance. Ultimately, there were limitations in conclusive data due to gaps in data collection. Future implementations may benefit from evaluation assistance during the implementation sessions.

POBSC's pre- and post-surveys demonstrated a minor increase in confidence, comfort, and knowledge scores. Participant's average scores on a five-point Likert-scale increased by 7% (pre-survey X = 3.81, post-survey X = 4.23).

The following quotes were extracted from a listening session involving participants who had successfully completed an implementation of *These Kids. These days*.

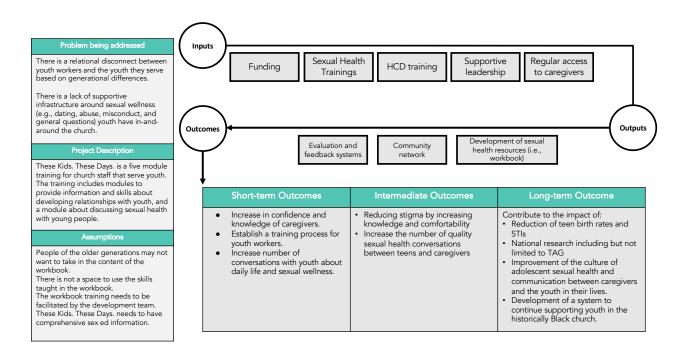
- "So many times in our churches, not only have we stayed away from these types of topics [on sex], we haven't equipped ourselves in a manner where we can relate to the kids... so that was helpful for me, to even come to where I knew to reinforce that."
- "If I don't know what to ask kids... [the project] made it easy for me to say 'what is the most played song on social media?' and then just open the door and they could just start talking to me about that. So [the project] gave me kind of directions and a voice to ask. These are things I wouldn't ask because I don't even know what to ask."
- "This [project] gives them a whole different perspective on how to approach....kind of coaching topics that is so needed."
- "We [are] get[ting] away from the traditional way [of] giving information to our communities and not just going straight to the Bible."

POBSC's project made several major pivots. Initially, POBSC envisioned a multifaceted project comprising of three main components: a training

book, an instructional session for pastors addressing discussions on sexual health topics and the appropriate reporting of youth involvement in sexual behaviors during church events, alongside the implementation of a question-and-answer framework. However, this scope was streamlined, centering the efforts on the creation and development of the training book.

The project's outcomes highlighted that caregivers are eager to provide support to the youth under their care, yet they often grapple with uncertainty regarding the most effective approach. The feedback received for *These Kids. These days.* underscored that the training equipped caregivers with the skills and information to initiate conversations with youth and supplied essential insights into the youths' requirements. Notably, discussions centered on cultivating healthy relationships with the youth received positive feedback from the caregivers.

Moreover, the caregivers expressed high appreciation for the inclusion of sexual health information within the training. Their feedback also indicated a collective desire for more comprehensive information on several topics, including 2SLGBTQ+ communities.



## **Contact Information:**

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\*It should be noted that Honestly excluded one participant's responses from analysis as they were an outlier more than two standard deviations below the average (X = 3.89, SD = 2.08).





## Pivotal Conversations

Created by Shantel Farrow, Dylan Houlihan and Danny Owens

Pivot, Inc. is a 501(c)3 nonprofit organization that works with youth in Oklahoma City and surrounding areas between ages 12 to 24 with overwhelming barriers and no resources to overcome them. Their mission is to be a force for good, turning young lives around and setting their course for an empowered future.

Employees of Pivot provide direct care to homeless youth, adjudicated youth, and youth in crisis. Through *Pivotal Conversations*, staff will participate in sexual health training focused on improving knowledge of adolescent sexual health, comfortability in discussing sexual health topics, and communication skills. Staff will also be given continuous support after the training with resources and subject matter experts to help them navigate difficult topics.







#### Final Materials



## Status of Development:

Pivotal Conversations ended their time on the SPARK Innovation project in the test and refine phase. More information about recommended next steps is in the Promising Innovations section. Pivot completed three implementations from 2021 to 2022. Pivotal Conversations is not currently being developed or tested.

#### **Evaluation:**

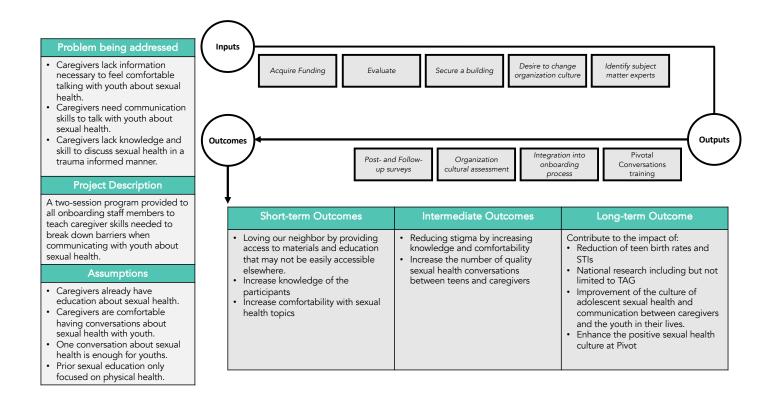
In order to gather insights for *Pivotal Conversations*, survey feedback data was analyzed, and a listening session was conducted with caregivers. Participants who engaged in Pivotal Conversations underwent a comprehensive assessment through both pre- and post-surveys. The survey encompassed a set of five-point Likert-scale questions, aimed at gauging their levels of knowledge, confidence, and skills pertaining to engaging youth in conversations about sexual health. Notably, the average Likert-scale scores of participants exhibited a significant 11.7% increase from the presurvey to the post-survey phase (pre-survey mean score: X = 3.77, SD = 0.21; post-survey mean score: X = 4.35, SD = 0.09).

Furthermore, Pivot undertook a follow-up initiative employing a survey to gather data two months after participants' completion of *Pivotal Conversations*. Out of the eight participants who completed the survey, a substantial majority of six (75%) reported that they had engaged in at least one conversation with youth about sexual health since the training. Notably, the conversations predominately centered around topics such as contraceptives and sexual orientation.

The following quotes were extracted from a listening session involving participants who had successfully completed an implementation of *Pivotal Conversations*:

- "I am now familiar with they types of protection there are and I talk to clients about that and I also use what we learned about using our pronouns to introduce ourselves to clients."
- "[I know] how trauma impacts youth, how to have good conversations and direct the kid to someone who can help."
- "It helped me learn things that could help me serve youth better."

Feedback collected from participants who took part in *Pivotal Conversations* was largely positive. The responses consistently conveyed that participants experienced an enhanced comprehension of their organization's standards and acquired effective strategies to support the youth in their care. Additionally, participants affirmed that the information provided was useful, equipping them with the means to provide crucial resources to youth for effectively.



#### Contact Information:

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## Cultivating Connections

## Created by Rachelle Eskridge and Tina Suggs

YWCA Oklahoma City (YWCA OKC) has served individuals of all genders and ages in Oklahoma County since 1907. The mission of the YWCA, eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all, inspires them to offer programs that address domestic violence and sexual assault. They provide exemplary domestic violence and sexual assault services, and currently operate the only certified emergency domestic violence shelter in Oklahoma County.

Cultivating Connections prioritizes meeting caregivers of teens in community-based settings where they are and catering to a variety of learning styles and environments. There will be interactive virtual workshops that include topics such as sexual and reproductive health, healthy relationships, consent, bodily autonomy, communication styles/techniques, and trauma-informed response to sexual violence. Additionally, caregivers will receive conversation starter/flash cards to help utilize their new skills to create deeper conversations and relationships with their youth.









## Status of Development:

YWCA ended the SPARK Innovation project in the test and refine phase. More information about recommended next steps is in the Promising Innovations section. YWCA completed one implementation of their project in 2021. YWCA's innovation is not currently being developed or tested.

### **Evaluation:**

YWCA conducted a data collection process through post-surveys administered following participants' completion of *Cultivating Connections*. Subsequent to finishing the program. participants completed a post-survey that asked several questions. These questions included five-point Likert-scale items, spanning from 'strongly disagree' to 'strongly agree,' aimed at eliciting feedback on their experience of the program. The questions specifically explored the development of skills, knowledge, confidence, and comfort around sexual health topics. Notably, the average Likert-scale score was on the higher end (mean score: X = 4.24, SD = 0.15), indicating a general alignment with the affirmative statements related to the program. These included sentiments such as "Overall, I feel more confident talking about sexual health with the youth in my life because of this training," and "I learned skills from this training that I can use with the youth in my life.".

Furthermore, the unanimous consensus from all twelve participants who completed the post-survey was an unequivocal recommendation of the training to others.

The following quotes were extracted from a listening session involving participants who had successfully completed an implementation of *Cultivating Connections*:

- "I work with many gender fluid/trans children. I am more confident when speaking about gender and sexual identity with them."
- "When a couple is being intimate, I had them "ask" or get consent from their partners prior to the action. It created a higher level of intimacy and a more communicative relationship."
- "FRIES training was great! It works well with young students and teenagers. I've even used the consent talk with my couples therapy sessions."

YWCA serves a diverse range of caregivers, necessitating multiple adaptations to the content of *Cultivating Connections*. These adjustments

mostly focused on enhancing comprehensibility, involving steps such as simplifying language to elucidate complex concepts and furnishing concrete examples.

Given YWCA's reputation for accessibility, recruiting participants for the innovation proved to be a relatively straightforward process. The feedback from participants echoed a largely positive sentiment toward the training. However, recurrent requests surfaced, urging the inclusion of specific subjects that YWCA had omitted – notably, subjects like sexual assault and trafficking. Ultimately, YWCA decided not to incorporate these topics as the prototyping phase neared its conclusion. In response, Honestly's feedback proposed an alternative approach: YWCA could potentially design additional trainings in the future, based on participant input, after the innovation development had reached completion

## **Contact Information**

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# S.E.G.W.A.Y. (Sexual Education Game Without Any Yawns)

## Created by Kris Williams and Patrick Quisenberry

Cedar Ridge Behavioral Hospital provides inpatient psychiatric services for children/adolescents and adults/senior adults, each in separate facilities and both located in Oklahoma county.

S.E.G.W.A.Y. is intended to be used in the home for families. In this interactive board game, caregivers will be able to test their knowledge of adolescent "whole health" through a trivia style game model. This game is intended to be a family friendly game for caregivers and teens to engage in honest conversations about sexual health. Game questions walk participants through educational modules and prompt community resource utilization. S.E.G.W.A.Y. encourages families to have holistic discussions about adolescent sexual health that encourages access to local community resources.







## Status of Development:

S.E.G.W.A.Y. ended the SPARK Innovation project in the test and refine phase. More information about recommended next steps is in the Promising Innovations section. S.E.G.W.A.Y. completed one implementation in 2021. S.E.G.W.A.Y. is not currently being developed or tested.

## Evaluation:

Cedar Ridge gathered post-survey data from participants upon completion of *S.E.G.W.A.Y.* The survey employed a five-point Likert-scale, ranging from 'strongly disagree' to 'strongly agree.' Participants were asked if they learned anything from the game, if the information felt relevant, and if the game made them feel more comfortable talking about sexual health. The average score fell significantly within the 'Agree' range (mean score: X = 4.35, SD = 0.12).

Cedar Ridge completed one implementation of *S.E.G.W.A.Y.*. No major pivots were made, but there was feedback from participants about the accessibility of materials should someone want to continue to work on this project. These suggestions included various aspects such as enlarging the size of the game cards, reviewing the rules for clarity, and generating additional questions.

Most participants reported enjoying the game and said they would play it again. Participants reported learning the most about sexual health history, medical information, and information about 2SLGBTQ+ communities while playing the game.

## **Contact Information**

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## Braving "The Talk"

By Sisu, Dr. Wright, & Honestly

Braving "The Talk" was originally created by Sisu and Dr. Wright in year 2 of SPARK Innovation and was taken on by Honestly in year 3 for replication. Braving "The Talk" is a 6-hour training on sexual and reproductive health and wellness for caregivers who work with youth who are unhoused or in a crisis. Since Sisu ended their participation on SPARK Innovation in the December 2021, Honestly took on Braving "The Talk" for replication. Sessions include:

- 1. Getting Started and Settled
- 2. Laying the Foundation
- 3. Building Bridges
- 4. Connecting the Dots



### **Project Materials**

## Status of Development:

Braving "The Talk" is in the replication phase. After two implementations with their community in 2021, Braving "The Talk" had enough data showing positive results that Honestly wanted to explore if it was applicable to other populations. Pivot and YWCA completed replication implementations of Braving "The Talk" in May 2023.

#### **Evaluation:**

Feedback for *Braving "The Talk"* was solicited through a combination of survey data and an interactive listening session. Participants were presented with a set of eight knowledge-based questions in both the pre- and post-surveys. Although there was a slight increase in the percentage of correct answers (pre-survey mean score: X = 79.8%; post-survey mean score: X = 82.1%), the difference was modest.

During the post-survey assessment, participants were invited to rate their perception on a five-point Likert-scale, addressing improvements in their knowledge, comfort, and confidence around sexual health topics. Encouragingly, the average participant response fell decisively within the 'Agree' range (mean score: X = 4.35, SD = 0.12), underscoring a consensus among participants that the training enhanced their knowledge, comfort, and confidence.

The following quotes were extracted from surveys responses to the survey question "What are some skills you learned in this program that you feel will help you the most?":

- "I learned the appropriate communication skills to have a healthy conversation with youths about sexual education and wellness."
- "Normalizing these conversations! Making youth as comfortable as possible and building trust."
- "That rapport is key for talking to kids."

Several pivots were made during the evolution of this innovation. Notably, some of the content underwent revisions subsequent to Sisu's departure from the project. The content was updated based on best practices (such as updating language, expanding resources, and enhancing information clarity and insights drawn from community feedback, which included requests for expanded information on sex trafficking).



It is anticipated that further content revisions may be necessary due to the evolving legal landscape around sexual health education in Oklahoma. The upcoming changes in laws necessitate caregivers' awareness of information deemed shareable with youth, alongside aspects mandating parental consent. As such, Honestly is prepared to adjust and update content in response to these legal developments.

Insights were gained about this innovation through its development and testing phases. Particularly noteworthy was the feedback from participants, who found the training particularly useful in addressing the intricate relationship between sexual health and the challenges faced by unhoused youth.

Participants who engaged in *Braving "The Talk"* consistently reported finding the training useful. The program proved instrumental in equipping them with a deeper understanding of sexual health matters. Additionally, participants reported that the training facilitated the necessary skills for talking with youth about sexual health and sexual safety issues.

#### **Contact Information**

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## **Promising Innovations**

Honestly's hope for all innovation cohorts was for them to develop innovative solutions to increasing sexual health conversations between caregivers and the youth in their lives, that those innovations would show improvements in knowledge, attitudes, and behavior, and that innovations would continue being used by their community, be used by other communities, and receive additional funding for work to continue.



The Office of Population Affairs defined innovation as: "novel or reimagined approaches, relationships, processes, products, programs or services that lead to substantial improvements in addressing barriers to reducing teen pregnancy and STD transmission". Using this definition, Honestly expanded their definition of innovation to include; "uniquely addressing a problem being faced, creating something novel, something that has not been used in Oklahoma County, and reimagining a product and using it in a unique way".

Promising innovations were defined as innovations with collected data from caregivers that showed improvement in knowledge, attitude, and/or behavior based on the experience with the project. This included formal feedback and listening session data.

Based on the novelty of the innovation and the impact data collected showing promise, the following innovations are deemed to fit SPARK Innovation's definition of "promising innovation" and are ready for further testing or replication:

#### Cohort 1

- o Braving "The Talk" by Sisu & Honestly
- o S.H.I.F.T. by Freedom City

#### Cohort 2

- o Catch the Spark by BNC Global
- o ATLAS by OAC
- Boundaries & the Basics by DSACO





The following innovations showed some promising data, but the Honestly team has recommendations regarding the future study of these innovations:

ONEderfully Made by ONE – ONEderfully Made primarily relied on guest speakers and readily available resources to provide participants with information about sexual health. Consequently, there was little innovation in both content and delivery methods. While the feedback from participants was generally positive, due to the lack of newly created materials or delivery methods, the findings only support the idea that providing structured sexual health education can improve knowledge and attitudes regarding sexual health topics. Honestly recommends that ONEderfully Made undertake another implementation period subsequent to the creation of materials tailored for their community, building upon insights from their ongoing project.

**Pivotal Conversations** by Pivot – Pivotal Conversations predominately took shape as a training for Pivot staff. This structure mandated that Pivotal Conversations focus on the specific protocols and resources pertinent to Pivot staff, potentially possessing varying degrees of relevance to other youth serving organizations. In view of this, Honestly recommends that Pivot creates a structured approach to assist other entities in recognizing their individual workplace protocols and resources pertinent to their caregivers. Furthermore, Honestly recommends that Pivotal Conversations be replicated across other youth serving organizations to assess the program's potential for applicability beyond its current context.

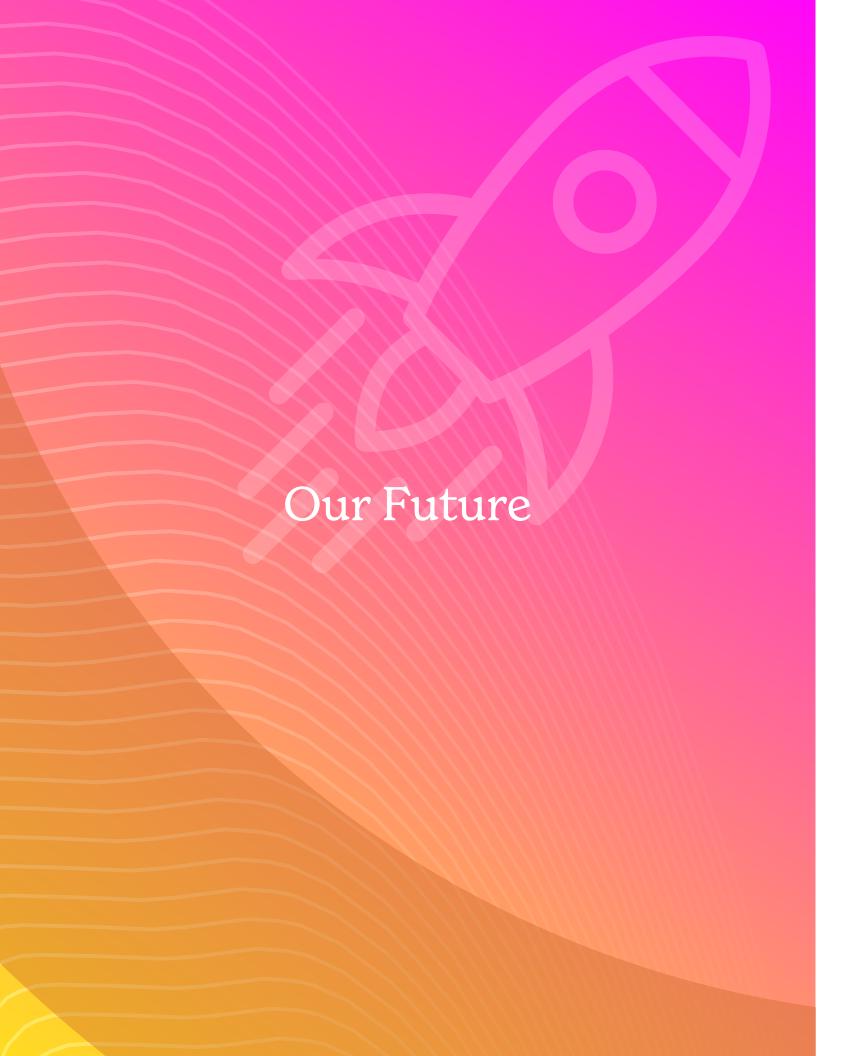
**Liberate by Freedom Oklahoma** – *Liberate* offers an innovative approach to providing relevant resources by having participants complete a questionnaire first. While *Liberate* garnered some positive data, the innovation received mixed feedback about the relevance and utility of the resource. This may suggest that a more defined audience or a different audience may be more suitable for the innovation. Honestly recommends that Freedom Oklahoma review *Liberate* and its resources with an independent assessment team to ensure that *Liberate* functions as intended and is providing meaningful and relevant resources to participants. Subsequently, *Liberate* would benefit from an additional implementation phase, gathering data from a targeted demographic before proceeding to the replication phase.

Hablemos Claro by LCDA – The materials used in Hablemos Claro are largely from research papers and one-page reports from other groups, however very few were original materials to the project. While feedback from participants was positive, Honestly believes that it could be made more relevant by having the LCDA team create materials for their community using information from outside experts. Honestly recommends that LCDA create new material addressing the needs and concerns of their community and go through another HCD prototyping phase to assess the efficaciousness of their material. Honestly also recommends that an independent assessment group help them to recruit and facilitate data collection events.

These Kids. These Days. By POBSC – These Kids. These Days. targets an underserved community and has material that is written to address the concerns and needs of that community. Ultimately there was not enough data collected that showed the impact of the innovation. Honestly recommends another implementation cycle with the aid of an independent assessment group to help with the data collection processes, and ensure that data is being properly gathered and prepared for analysis before moving on to replication.



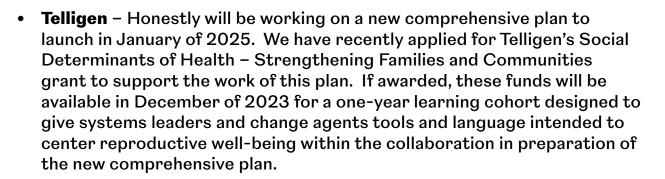




## **Promising Innovations**

## **Future Funding Sources:**

Honestly has applied for funding from local opportunities. These opportunities are listed below:



Blue Cross Blue Shield (BCBS) Blue Impact – Honestly was recently awarded funding from Blue Cross Blue Sheild of Oklahoma to create and evaluate training materials for a learning cohort designed to give systems leaders and change agents tools and language intended to center reproductive well-being within the collaboration in preparation of a new comprehensive plan.

## What activities will continue:

**Braving "The Talk"** - Honestly plans to continue replicating this curriculum a couple times throughout the year to gather more data and will look for future opportunities to move Braving "The Talk" along the innovation continuum.

**SIID** - Honestly intends to apply the strategy of the SIID in future initiatives. This may include a strategic filing based on the initiative's key expectations. This structure can be maintained by 1-2 key staff to ensure all files are upto-date and accessible. In addition, regular quantitative and qualitative reporting, also based upon the initiative's key expectations at the onset of the project, can be stored and summarized in the database for grant reporting and dissemination. In this way, Honestly can prepare for required reporting and make use of supplemental materials for further research.



## Story sharing/quotes

"Our team received a report from a 2022 toolkit participant that their self-advocate's communication and confidence continues to grow as their family continues to utilize our toolkit. The caregiver has used the toolkit as a way to continue these conversations and has seen huge improvements with knowledge base and advocacy for their loved one." — DSACO

"Jordan and Hannah met in October of 2022 at DSACO's Self-Advocacy Center (SAC). When Jordan first started at SAC in August, his life goals included wanting to get a job at a coffee shop and start dating/improve personal relationships.

Hannah started at SAC in October and since then, has started a business (Down Right Perfect, DRP) that

sells homemade decor and self-care items such as lotion bars, and bath bombs. Over the past few months, our SAC attendees and caregivers have worked through DSACO's "Boundaries and the Basics" toolkit and coaching sessions. During the relationship module, we defined and discussed strangers, acquaintances, friends, family, significant others, etc. and behavior and appropriate ways to interact and grow each type; as well as grasp the understanding that these are fluid and there is a progression as relationships change and are redefined. Throughout these months, Jordan and Hannah worked on progressing through their relationship circle and went from strangers to becoming friends in the classroom. By February, Jordan decided to muster up some courage and asked Hannah to be his Valentine, has gone on 2 dates and are planning a 3rd. As the DSACO staff and their parents have watched this relationship develop, everyone is very impressed with the boundaries they have set. Their parents have all reported that the toolkit has helped them all as they go on this new adventure together." — DSACO

"We here at DSACO always end all of our events with a dance party and as the luncheon came to a close, we turned the music on and people jumped up out of their chairs to participate. One certain individual did not initially. He quietly sat in his chair and watched his peers dance to the music. They soon realized he was not participating and encouraged him to join in. He looked at his caregiver and made a comment about how dancing is a romantic thing you do with a significant other. And our team got the opportunity to witness the toolkit in action for the first time. His caregiver got on his level and walked him through the thought process of how dancing can be a romantic thing you do with a significant other, but sometimes it can also be a fun activity you do with friends or even do by yourself to express yourself. He thought about this for a minute and responded with his understanding that this time, it would be for fun with friends and jumped up to join in on the dance party. THAT is without a doubt the best thing our staff has ever witnessed. It exceeded every hope, dream or expectation we could have even fathomed that this toolkit could accomplish." - DSACO

This month we successfully completed our first replication iteration with Jayden Oliver Basketball. We

had all 4 sessions with good participation and feedback! It was very evident with this group like the others that these conversations are not happening regularly and it was very nice to be able to branch out outside our typical community. — ONE

Jayden shared about replication with on social media which had a great response... on Instagram and positive comments [like], "amazing initiative" and "communities building communities."

-Jayden Oliver

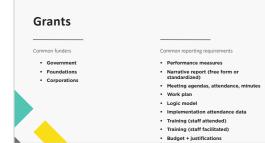


# Appendix

## Presentation slides

- SPARK INNOVATION OKC: Transitioning human-centered design Equitably into the Nonprofit Sexual Health Sector, The Society for the Scientific Study of Sexuality Conference, November 2021.
- Two for ONE: Using human-centered design to Create Sexual Health Education for Diverse Populations, The Society for the Scientific Study of Sexuality Conference, November 2021.
- How to Use Grant Reporting to Increase Your Organization's Capacity, Texas Campaign to Prevent Teen Pregnancy's Symposium, April 2022.



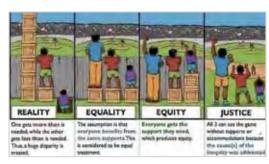






• Turning Equity into Action: Tangible Strategies to Create Real Systems-Level Change, Texas Campaign to Prevent Teen Pregnancy's Symposium, April 2022.











• Using Grant Funds and human-centered design to Increase Community Capacity for Collective Impact, Healthy Futures of Texas 12th Annual Symposium, April 2023









## Outline of the SPARK Intervention Inventory Database

Folder	Deliverables	Description
Impact on	Learning Agendas	Network and caregiver learning agendas for each grant year
Key Priority	Sustainability	Combined file of sustainability activities reported throughout the course of the
Area	Summary	grant
Strategic Communicati ons Plan	Strategic Communications Plan	2020-2023 communications plan report
	Awareness Campaign Materials	Images, videos, and notes related to Honestly's 2022 awareness campaign
	Evaluation Plans	Honestly's system and cohort-level evaluation plans
Monitor and Improve	Grant Reporting	Grant expectations summaries, intervention lists, monthly reports, and performance measure summaries
	System Evaluation	Cohort interview reports, ION reports
	Cohort Descriptions	Summaries of each Cohort organization's work
	Continuation Applications	Application materials and submissions of Cohort continuation applications
	Meeting Materials	Meeting agendas and minutes
	Milestones	Lists of Cohort 1 and 2 milestones for milestone-based payments
Manage Multidisciplin ary Network	Request for Proposal Application Process	Applications, RFP Committee notes, and RFP Committee feedback
	Network Structure Diagrams	Visual representations of network structure for each reporting period
	Training and Meeting Feedback Survey	Training and Meeting Feedback Survey reports
	Training Descriptions	Training descriptions and feedback surveys
	Quotes	Key quotations captured throughout the grant
	Cohort 1 Design Sprint	Materials used in Human Centered Design trainings for Cohort 1
Develop Innovative Interventions	Cohort 2 Design Training	Materials used in Human Centered Design trainings for Cohort 2
	Cohort Evaluation	Individual Cohort evaluation plans, Cohort and replication implementation reports, replication materials, Caregiver Community Assessment, Caregiver Satisfaction Survey
	Innovations	Cohort organization project development files (design training materials, work plans, and project materials) and the Project Pivots Summary (combined file of project pivots reported throughout the course of the grant)
Disseminate Interventions	Dissemination Activities	Dissemination Plan, SPARK Tank materials, and presentation slides
Equitably Engage Stakeholders	Context Expert Advisory Council (CEAC) Materials	Reports and minutes
	OPA Guidance	Reference materials from the Office of Population Affairs
Collaborate with OPA	OPA Innovation Showcase	Materials from co-hosting and presenting at 2022 Innovation Showcase



## List of Trainings Offered to the Network by Honestly

\*Year 1 quarters 1 and 2 were the projects planning period, so no training was offered during this time. Year 2 quarters 1 and 2, Honestly did not host trainings because Cohort 1 organizations were implementing and gathering data on their innovations, and Cohort 2 had not yet started. Year 3 quarters 3 and 4 did not have trainings offered due to innovation organizations focusing on implementation, data gathering, and grant wrap up.

Year 1, Quarter 3		
Training	Trainer	Description
Human-Centered Design and Systems Thinking Online Training Launch	Kelly Wilson and Christi Esquivel, Texas A&M University	This training expanded on concepts learned in asynchronous sessions about the human-centered design concept and systems thinking to build foundational knowledge for innovation creation.
Adolescent Brain Development	Emma Wassilak and Sarah England, Sunbeam Family Services	Participants in this training learned the science behind what's taking place inside the adolescent mind.
Human-Centered Design Sprint Part 1	Kelly Wilson and Christi Esquivel, Texas A&M University	These sprints equipped innovation organizations with skills and information to equip them to create, test, and refine their innovations. These skills include but are not limited to data gathering, core problem(s) development, and empathy.
Equity Training	Tahira Taqi	This training helped participants begin to understand key concepts of equity and structural equity, as well as learn how to start conversations about equity constructively within their organizations and with internal and external stakeholders, including the broader community.
Introduction to Sexual Health Education	Brittany Keck, Honestly	Provided learners with an overview of Honestly's Community Engagement Projects as well as National and Local teen pregnancy rates and statistics.
Trauma-Informed Care	Emma Wassilak and Sarah England, Sunbeam Family Services	Participants in this training I recieved an introduction to trauma, including different types of trauma and toxic stress, a discussion on ACEs and resilience, the impact of trauma on the brain, and foundational knowledge of the principles underlying trauma-informed care.
Human-Centered Design Sprint Part 2	Kelly Wilson and Christi Esquivel, Texas A&M University	These sprints equipped innovation organizations with skills and information to equip them to create, test, and refine their innovations. These skills include but are not limited to data gathering, core problem(s) development, and empathy.

Year 1, Quarter 4		
Training	Trainer	Description
Human-Centered	Kelly Wilson and	These sprints equipped innovation organizations with skills and
Design Sprint Part 3	Christi Esquivel,	information to equip them to create, test, and refine their
	Texas A&M	innovations. These skills include but are not limited to data
	University	gathering, core problem(s) development, and empathy.
LGBTQ+ Resources	Kris Williams,	This presentation explored how providing a safe space for our
	Cedar Ridge	LGBTQ+ youth to land and find protective factors that not only
		celebrate their beauty and diversity but teach them how to soar.
Human-Centered	Kelly Wilson and	These sprints equipped innovation organizations with skills and
Design Sprint Part 4	Christi Esquivel,	information to equip them to create, test, and refine their
	Texas A&M	innovations. These skills include but are not limited to data
	University	gathering, core problem(s) development, and empathy.
Generational	Philip Tanzilo from	This virtual classroom course focused on generational differences,
Communication	Talent	how to recognize them, and how to
	Development	leverage them on a team.
	Strategists	
"The Talk" & Walking	Dr. Lanita Wright,	This interactive workshop encouraged staff/affiliates of youth-
the Walk	THe Wright	serving organizations to empower caregivers to have meaningful
	Solutions	sexual health conversations & connections with young people.
Separation of Church	Brittany Broaddus-	This training series equipped participants with knowledge and
and Sex	Smith of The	strategies necessary for youth-serving organizations to partner
	Intimacy Firm	with Christian faith communities in the promotion of sexual health
		practices and services.

Year 2, Quarter 3		
Training	Trainer	Description
Decolonizing Sexual	Ronneal Mathews,	This presentation explored differences between equity and
Health Education 101	Honestly	equality, harms of tokenism, and practical examples of how to
		increase equity in sexual health education.
Design Training #2	Susan Moring,	This session explored empathy, user archetypes, an overview of
	Cortado Ventures	the interviewing process and interview best practices.
Gender Identity	Tyler Burns,	This presentation was about gender identity, uses of gender, and
	Honestly	shared the gender unicorn.
Design Training #3	Susan Moring,	Participants created a newspaper headline from more insightful
	Cortado Ventures	interviews, discussed learning agenda, Johari's window, created
		how might we statements and explored what problems will
		ideations solve.
Design Training #4	Susan Moring,	Participants worked on brainstorming ideas, then a benchmarking
	Cortado Ventures	tool was used to find other solutions that were like the problem
		and not like the problem to inform ideation.

Year 2, Quarter 4		
Training	Trainer	Description
Design Training #5	Susan Moring, Cortado Ventures	This training explored designing and testing prototypes, different methods for prototyping, storyboarding, and ways to test.
Design Training #6	Susan Moring, Cortado Ventures	This training helped participants learn ways to communicate solutions and practice different kinds of pitches.
Let's Talk About Sex Ed	Brittany Keck, Honestly	Participants received an overview of sexual health education, types of sex education, laws around sex education in OK and the country, and where the SPARK Innovation OKC grant fits in.
Grant Finance Training	Steph Dean, Dean's Results	SPARK Grantees reviewed federal guidelines, Honestly's grant template, worked on how to create a solid budget, allowable vs. unallowable costs, documentation, and milestones vs. cost reimbursement.
OK Let's Talk for Caregivers	Brittany Keck, Honestly	Participants reviewed various types of communication strategies and learned a framework for answering common questions asked by teens. Caregivers practiced addressing those questions.
Adolescent Brain Development	Julia Reed, Northcare	Participants learned about the adolescent brain, how it develops, and what that means for sexual health and education.
Diversity Equity and Inclusion in Marketing	Skye Latimer	An overview of ideas, and best practices for creating safe digital spaces for guests of all identities.  Participants learned how to use gender affirming language, inclusive imagery, building graphics for all audiences as well as writing that invites engagement.

Year 3, Quarter 1		
Training	Trainer	Description
Building Assets in	Brittany Keck,	An introduction to the 40 developmental assets framework and
Youth	Honestly	the powerful role of individual asset builders in the lives of youth.
Minor Consent in	Shannon Desherow,	Presentation and Q&A on consent laws in Oklahoma, text and
OK	Oklahoma State	internet communications that are illegal, and juvenile and
	Bureau of	revenge porn.
	Investigation	
Diversity, Equity,	Dr. Ronneal Mathews,	Presentation on how to create inclusive sex education
and Inclusion in Sex	Honestly	programming by addressing implicit bias, types of privilege and
Education		sexual stereotypes.

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Year 3, Quarter 2		
Training	Trainer	Description
2SLGBTQIA Inclusive Caregiving	Brittany Keck, Honestly	Overview of 2SLGBTQIA competencies in adolescent sex education, understanding inclusivity, review of gender and identity and how caregivers can create safe and supportive environments for youth.
Self-Care for Caregivers	Tosha Baird, Honestly	A presentation on how stress impacts the brain, myths and facts about self-care, why self-care is important in sexual health, and how to support caregivers in practicing self-care.
Asynchronous virtual trainings	Various	Various learning topics Including: equity in reproductive health, intimate partner violence, first person storytelling, understanding digital dating abuse and more.

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## S.H.I.F.T.



Freedom City's mission is to remove barriers and provide support for students and families in Oklahoma City to reach their potential through education and exposure. Freedom City offers after-school, summer, and during school programs to help students improve their reading, math and writing skills while exposing them to various careers and extracurricular activities. Freedom City also provides support for families to ensure they break the cycle of generational poverty by equipping them with tools to meet their goals, teaching them better communication skills with their children/teens, and referring them to community resources, such as better employment, housing, and more.

## **Program Overview:**

S.H.I.F.T - Sexual Health Information for Caregivers & Teens by Freedom City is an 8-week support and discussion group for parents and guardians of teens in faith-based settings. The support group encourages participants to explore different ways to communicate with teens and each other to help their teens achieve optimal sexual health.

https://www.freedomcityokc.com

Email: admin@freedomcityokc.com

Phone: 405.655.8763

Mailing Address: P.O. Box 16443 Oklahoma City, OK 73113





## ONEderfully Made



## Catch the Spark



You know what they say, "It takes a village."

The mission of ONE is to positively impact Oklahoma City by partnering with and supporting their neighbors. This organization focuses on providing afterschool and summer programs for children and teens while holistically supporting the family by providing and connecting them to resources.

## **Program Overview:**

ONEderfully Made is for parents, guardians, and other community mentors in faith-based and community settings to attend a four-session workshop centered on improving knowledge of adolescent sexual health and improving communication techniques with their children. ONEderfully Made allows caregivers to learn sexual health concepts and then explore their own reactions and feelings to the information being taught. Skill-building and role play techniques are utilized to help build caregivers' confidence in having sexual health conversations with their children.

www.oneokc.org/contact

Phone: (405) 414-1665

Address: 4400 Northwest Expy, Oklahoma City, OK 73116



BNC Global is a team of enterprise service professionals, that provides a means of elevation to the community through training and development. We are an organization that services all of Oklahoma County, primarily the Oklahoma City, Norman, Edmond, Midwest City, and Del City areas.

#### **Program Overview:**

BNC's mission is to cultivate an environment expressly for foster caregivers and overall caregivers, which provides easily accessed module curriculum that motivates a positive, nonjudgmental, and helpful course on how to address the tough barriers around the sensitive topic of sexual health.

The Catch the Spark training is a dynamic and comprehensive program designed to empower caregivers of youth impacted by child welfare, with a specific focus on sexual health and wellbeing. Through interactive sessions and evidence-based practices, caregivers gain indepth knowledge and practical strategies to address sensitive topics related to sexual health, provide age-appropriate education, and support the overall sexual wellbeing of the youth in their care. This is a full day training that can be offered virtual, hybrid, or in-person.

https://www.bncglobal.org/

Phone: (405) 824-1879





## ATLAS



## Boundaries and the Basics



Our mission is to improve the quality of life for children with autism spectrum disorder (and related disabilities) and their families by building capacity of public programs and other providers to offer effective services.

#### **Program Overview:**

The University of Oklahoma Section on Developmental and Behavioral Pediatrics offers a variety of services and programs promoting the mental and physical wellbeing of children, families, and communities across the state of Oklahoma. Many clinical services and programs serve children who have autism as well as other intellectual and developmental disabilities and their caregivers.

ATLAS is an application for providers and caregivers of youth with autism in clinical and community-based settings. The app consists of 4 sexual health topics with intertwining information so that caregivers can choose which topics they engage with, without missing vital information. This app was created with the intention that caregivers will use the app to engage with their youth around the topics. Providers come into play as a referral source to encourage caregivers to utilize the app.

https://autismcenterok.org

Phone: (405) 842-9995

Address: 3901 NW 63rd St., Ste 100, Oklahoma City, OK 73116



The mission of the Down Syndrome Association of Central Oklahoma is to raise awareness and provide resources, as well as promote acceptance and inclusion for people with Down syndrome. They do this through a variety of family-oriented events, education workshops and community awareness campaigns. DSACO envisions communities where everyone — including those with disabilities — is accepted, included, empowered, and given the opportunity and choice to create their own happiness and path to success.

#### **Program Overview:**

Boundaries and the Basics is a toolkit coupled with coaching sessions for caregivers of youth 18 - 25 with down syndrome. This toolkit can be used by community-based organizations or Special Education educators. Due to the high occurrence of developmental delays within the community, this innovation specifically targets older adolescents who are transitioning into self-advocacy. The toolkit includes activities and talking points for caregivers to have with their youth around the basics of sexual health like personal hygiene and understanding their bodies and personal boundaries and consent. Once parents have completed a section of the toolkit, they have the opportunity to sign up for coaching sessions where they can bring their youth and talk through concepts and practice conversations.

https://dsaco.org

Phone: 405-600-9981

Address: 521 W. Wilshire Blvd., Suite 130, Oklahoma City, OK





## Liberate

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## Hablemos Claro! (Let's Talk About It)



Freedom Oklahoma advocates and organizes across the state to create an Oklahoma where all Two Spirit, Lesbian, Gay, Bisexual, Transgender, Queer, and full spectrum of people whose sexuality or gender identity exist beyond a heteronormative, binary framework (2SLGBTQ+), inclusive of their gender identity, gender expression, and/or sexuality, have the safety to thrive.

## **Program Overview:**

Liberate is an online resource hub with tailored content for caregivers and allies to 2SLGBTQ youth who feel they did not receive adequate sexual health education or want to unlearn some of the misinformation they received. Liberate can be implemented by community-based organizations. Caregivers begin with a self-assessment quiz (SAQ) to identify where to begin in their learning journey. Once that information is received, they receive tailored resources and content based on their specific needs. There is a focus on ensuring the content is accessible with or without internet connection and in formats accessible to all. Visit Liberate here.

https://www.freedomoklahoma.org

Phone: 405) 446-8836

Address: PO Box 18711, Oklahoma City, OK 73154

Email: info@freedomoklahoma.org



Latino Community Development Agency – (LCDA) "Impacting Lives, Building Futures." LCDA is a nonprofit 501(c)3 social services organization that was founded in 1991 in Oklahoma City for the purpose of addressing the unique needs of Latino immigrants and Spanish-speakers, in the areas of: child development, health, prevention, treatment, and youth programs. Their mission is to improve the quality of life in the Latino community through education, leadership, services and advocacy.

### **Program Overview:**

Hablemos Claro! (Let's Talk About It) is an online education hub via Link Tree for primarily Spanish-speaking parents with information on teen pregnancy, communicating with youth, and sexuality education in a variety of formats both written and video. At outreach events, and in their clinics, a QR code is available for caregivers to access and use at their own pace.

https://lcdaok.com

Address: 420 S W 10th Oklahoma City, OK 73109

Telephone: 405.236.0701

Email: lcdainfo@latinoagencyokc.org

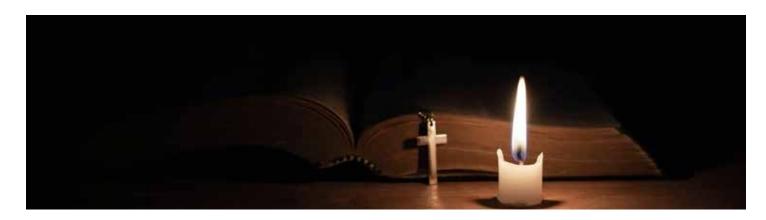




## These Kids. These Days.

# Pivor

## Pivotal Conversations



Progressive Oklahoma Baptist State Convention (POBSC) is a collection of African American churches throughout the State of Oklahoma who work together in the name of and under the direction and guidance of God, sharing their common faith in Jesus Christ and their concern for strengthening God's work through activities rooted in the belief and principles advocated in the New Testament.

#### **Program Overview:**

These Kids. These Days. is a workbook for youth group leaders in the church to help bridge the generational gap between caregivers and the youth they serve. The workbook consists of activities for rapport and relationship building and sexual health education topics.

https://www.pobsc.org

Address: PO Box: 3151, OKC, Oklahoma 73102

Phone: Rev. E. Jennings Tyson, President - 405.201.8597

Dr. Larry Foster, Sr., 1st Vice President - 405.812.5776

Dr. Frank McClarty, 2nd Vice President - 405.410.7928

Email: pobscmain@gmail.com



Pivot, Inc. is a 501(c)3 nonprofit organization that works with youth in Oklahoma City and surrounding areas between ages 12 to 24 with overwhelming barriers and no resources to overcome them. Their mission is to be a force for good, turning young lives around and setting their course for an empowered future.

## **Program Overview:**

Employees of Pivot provide direct care to homeless youth, adjudicated youth, and youth in crisis. Through *Pivotal Conversations*, staff will participate in sexual health training focused on improving knowledge of adolescent sexual health, comfortability in discussing sexual health topics, and communication skills. Staff will also be given continuous support after the training with resources and subject matter experts to help them navigate difficult topics.

https://www.pivotok.org

Phone: (405) 235-7537

Address: 201 NE 50th Street, Oklahoma City, OK 73105





## Cultivating Connections



## S.E.G.W.A.Y.



YWCA Oklahoma City (YWCA OKC) has served individuals of all genders and ages in Oklahoma County since 1907. The mission of the YWCA, eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all, inspires them to offer programs that address domestic violence and sexual assault. They provide exemplary domestic violence and sexual assault services, and currently operate the only certified emergency domestic violence shelter in Oklahoma County.

#### **Program Overview:**

Cultivating Connections prioritizes meeting caregivers of teens in community-based settings where they are and catering to a variety of learning styles and environments. There will be interactive virtual workshops that include topics such as sexual and reproductive health, healthy relationships, consent, bodily autonomy, communication styles/techniques, and trauma-informed response to sexual violence. Additionally, caregivers will receive conversation starter/flash cards to help utilize their new skills to create deeper conversations and relationships with their youth.

https://www.ywcaokc.org

Phone: 405-948-1770

Address: 2460 NW 39th St Oklahoma City, OK 73112



Cedar Ridge Behavioral Hospital provides inpatient psychiatric services for children/adolescents and adults/senior adults, each in separate facilities and both located in Oklahoma county.

## **Program Overview:**

S.E.G.W.A.Y. is intended to be used in the home for families. In this interactive board game, caregivers will be able to test their knowledge of adolescent "whole health" through a trivia style game model. This game is intended to be a family friendly game for caregivers and teens to engage in honest conversations about sexual health. Game questions walk participants through educational modules and prompt community resource utilization. S.E.G.W.A.Y. encourages families to have holistic discussions about adolescent sexual health that encourages access to local community resources.

http://cedarridgebhs.com

Phone: 405-605-6111

Address: 6501 NE 50th St, Oklahoma City, OK 73141





## Braving "The Talk"



Honestly is building a movement to improve sexual health outcomes for youth. Honestly does this by serving as the backbone organization for the Central Oklahoma Teen Pregnancy Prevention Collaboration (A.K.A "the Collaboration"). In this role, Honestly convenes and connects partners, engages and mobilizes the community, evaluates and shares data, and advocates for youth to have access to resources, services and medically accurate information about sexual health.

## **Program Overview:**

Braving "The Talk" is a 6-hour training that guides caregivers working with youth experiencing crisis and/or homelessness to explore their own values, organizational expectations and boundaries, medically-accurate information, and how to address sexual and reproductive health topics specific to youth experiencing crisis and/or homelessness.

https://honestlyokc.org

Address: PO Box 18292, OKC, OK 73154 Email: community@honestlyokc.org



